

SAN FERNANDO VALLEY INTERGROUP
**COMPULSIVE EATERS ANONYMOUS-HOW
WORKSHOP**



“SO, WHAT HAVE YOU GOT TO LOSE?”
WEIGHT, ANGER, SHAME, RESENTMENTS, SECRETS...
BY BEING ABSTINENT AND WORKING THE STEPS

“WHAT DO YOU HAVE TO GAIN?”
FREEDOM, SANITY, PEACE, SELF KNOWLEDGE & LOVE,
HIGHER POWER, HAPPINESS...
BY BEING ABSTINENT AND WORKING THE STEPS

PRACTICAL TIPS, PANELS, Q & A, SHARING, AND MORE

SATURDAY MAY 17, 2025, 1:30-3:00PM PDT

ZOOM ID: 853 7825 6364

PASSCODE: 679034

**DONATIONS APPRECIATED | NO NEED TO SIGN UP!
ZELLE AND VENMO WILL BE POSTED IN THE CHAT**

FOR INFO: SUE G 310.993.2060 OR LOIS 818.768.569