

# Can't Stop Eating?

**Compulsive Eaters Anonymous - HOW (CEA-HOW)**

**We're a 12-Step fellowship for anyone suffering from compulsive eating, anorexia, and bulimia. We are a fellowship of individuals who share your problem and offer support. Come meet others who have found a working solution.**

**Come to a meeting and start finding hope! In CEA-HOW membership is anonymous. There are no dues or fees for membership. The only requirement is a desire to stop eating compulsively.**

**For meeting times and locations call: [Intergroup telephone #] or visit [www.ceahow.org](http://www.ceahow.org).**