

COMPULSIVE EATERS ANONYMOUS –HOW
Minutes of
World Service Business Conference
Los Angeles, California
July 15-17, 2009

Call to Order

Pamela K., Chair, called the meeting to order at 8:31 a.m. with the Third Step Prayer, Tradition Two and introduction of the Board. A charge was made to the delegates that they are representing CEA-HOW as a whole as laid out in Concept Three of the Twelve Concepts of Service.

Board members present: **Pamela K., Sherry S., John Mc., Bill P., Liz G., Lois L., Coco C., Lupita B., Rae Z.**

Woody N., Corporate Vice President, attending to offer information as requested, no vote.

Co-Founder's Greeting: Rae Z., Co-Founder, greeted the delegates.

Conference Support Committee: Helen R., Judy S., and Dolores S. gave service to the Conference as volunteers to assist the voting delegates.

BUSINESS SESSION—DAY ONE

Roll Call--

There were 45 delegates present. See Register of Attendance. Jim Clough served as parliamentarian.

Workshop—Parliamentarian Workshop

Jim Clough, Parliamentarian, presented a workshop on parliamentary procedure for the delegates. Short sessions on matters of procedure along with Q & A were given in fifteen-minute segments following each break and at the start of each session of Conference.

Approval of Standing Rules

8. The Standing Rules were approved unanimously as submitted.

Approval of Agenda

The agenda was approved with the change Business Session 2 Item 4 strike the word Bylaws before the word Motions. Policy Motion 7 was stricken from agenda as it was

not approved by Area 1 Assembly for submission. Urgent New Business Committee submitted Urgent New Business motion 1 for consideration preceding Policy Motion 11.

Approval of 2008 WSBC Minutes

The minutes were approved as submitted.

Reports

Pamela K., Board Chair, and John McK., Corporate President, presented their reports to the Conference.

Board Committee reports were presented:

Finance: Bill P., Treasurer — Contribution income is about the same as last year, good in this economy. Phone bridge contributed 13%, big thanks to them. Woody N., VP -- There is large transaction fee for electronic contributions, and we are in the black however, this includes one time \$5200 donation from San Bernardino intergroup, so we should be aware that we are running very close to the edge fiscally.

Literature: Sherry S. — Request members notify Board if a group is working on questions. We're always interested in considering new questions as we want to be sure that groups aren't duplicating efforts. The Chair referred to the literature development letter approved by the 2006-2007 Board, which is available for dissemination to groups.

Education: Lois L. reported for the committee and urged all groups to keep literature up to date. She also urged the sponsorship committee to be proactive in the coming year as this is vital to the continued health of the program.

Area 6: Coco gave report on improving communications with Area 6. We are encouraging the proper formation of Area 6 to now include the MX/ CA border groups as they are improperly affiliated with Area 1.

Hispanic Liaison: Lupita (Woody N. translated) — They have been planning actively for Spanish workshops at convention. The goal is assisting in translation of literature and for website. Need to continue to develop translation pool to accomplish this very necessary and important task.

Open Forum questions and comments pertaining to the committee reports:

1. **Would it be possible for delegates to get copies of information sent by WSO to IGs and Areas?** They will be added to distribution list to facilitate dissemination to fellowship.
2. **Could we add an email advertisement of phone bridge events?** All information is going to be disseminated as widely as possible going forward.
3. **Is there request for update of contact information?** Has been requested in the past but there's no response from fellowship, will continue to try. Areas could establish service position to do updates.
4. **Could link be created to update meeting information?** Thank you for suggestion.

5. **Is the link in the Presidents report active for updating information?** Yes it is.
What is the link? www.ceahow.org/admin.

Conference Committee assignments were announced by Coletta on behalf of the World Service Business Conference Committee. Some delegates were assigned to multiple committees as some have short-term assignments while other committees are active throughout the year.

Announcement of Conference Committee Assignments: (Name in Bold is Chair)

Conference Literature: Carol S., Barbara B., Lilly E., Ofelia, Gina, Sandy A., Cheryl F., Eric, S., Linda M., **Cheryl A.**

Agenda: Margie, Mary K., Mindy B., Ann A., Roberta S.

Finance: **Bernice**, Mindy B., Leona, James.

Urgent New Business: Jim E., Ann A., **Judy K.**, Barbara B., Nancyann S., Eric R.

Public Information: Margie, Joan, Connie, Janice, Nancyann S., Al K., Debbie M., **Merrie Anne.**

Sponsorship: Holly, **Shannon H**, Irish, Jim, Joann, Cheryl A., Stephanie, Mary K.

Policy Manual: Rick, Jane, **Bernice**, Lilly, Gloria, Stuart

Conference committees will meet at lunch on Thursday during WSBC to elect their Chairs, who will provide all contact information to the Board Secretary and also set up a meeting to begin committee work for the year.

OLD BUSINESS:

1. **Policy Motion tabled from WSBC 2008** Amend the first two sentences on pg 4., paragraph 2, in Sponsorship Guidelines Honesty, Open-mindedness, Willingness to read “To be a **qualifier (leader or speaker)** or to read the “Tools” at a meeting, you must have 30 days of current CEA-HOW abstinence and have gone through the Three Step Ceremony. To be a **speaker at a workshop**, you must have at least six (6) months of current CEA-HOW abstinence and have completed all 12 steps of the CEA-HOW program.

Amendment to add “Special event or” to the second sentence, to read, “To be a **qualifier (leader or speaker)** or to read the “Tools” at a meeting, you must have 30 days of current CEA-HOW abstinence and have gone through the Three Step Ceremony. To be a **speaker at a special event or a workshop**, you must have at least six (6) months of current CEA-HOW abstinence and have completed all 12 steps of the CEA-HOW program.” Vote on amendment to motion. **Approved: 41, Opposed 2, amendment approved. Motion approved as amended: 44; Opposed 1. Insert to be printed with correction for dissemination to Area Delegates and IG Chairs.**

NEW BUSINESS:

Policy Motions Submitted Prior to Conference:

[Two-thirds majority required for passage of all motions unless otherwise noted]

1. **Policy Motion #4-2009** That the As Bill Sees It Questions 51-200 be approved for use by the fellowship of CEA-HOW. **Approved unanimously as submitted.**
2. **Policy Motion #5-2009** Amend the last sentence of page 10, paragraph 3 in Forever Abstinent to “We abstain from drinking all alcoholic beverages.” **Approved 41, Opposed 3, Abstention 3. Motion passes. Insert to be printed with correction for dissemination to Areas, Delegates and IG Chairs.**
3. **Policy Motion #6-2009** Amend page 5, paragraph 2 in Sponsorship Guidelines Honesty, Open-mindedness, Willingness to read, “Continue to commit your food to a sponsor on a daily basis.” **Approved: 34, Opposed: 21, Abstain: 1. Motion to reconsider after minority opinion heard. Approved: 25, Opposed: 13, Abstain: 6. Motion is reconsidered. Approved: 23, Opposed: 21, Abstain: 1 Motion fails.**
4. **Policy Motion #7 Withdrawn.**
5. **Policy Motion #8-2009.** The month of January shall be established as CEA-HOW Gratitude Month. Motion amended to read: The month of January shall be established as WSO CEA-HOW Gratitude Month. **Motion to amend unanimously approved.** Amendment to change the word January to June, **amendment withdrawn.** Amendment to change the word January to May. **Approved: 22, amendment fails.** Amendment to change the word January to February. **Approved: 10, amendment fails. Approved: 38, Opposed: 3, Abstain: 3.** Motion to reconsider, moved and seconded. **Tabled to after lunch.**

Motion to reconsider: **Approved: 24, Opposed: 21, Abstain: 1 Motion to reconsider the motion passes.** The month of January shall be established as WSO CEA-HOW Gratitude Month. **Approved: 41, Opposed: 6. Motion passes.**
6. **Policy Motion #9-2009.** PayPal donation screens shall be changed to include Additional donation buttons for specific needs of the WSO (i.e., Gratitude Month, Area Assistance). Amended to PayPal donation screens shall be changed to include additional donation buttons for the WSO. **Approved: 30, amendment passes. Approved: 43, Opposed: 0, Abstain: 1 Motion as amended passes.**
7. **Policy Motion #10-2009.** The WSBC will form an Ad Hoc committee to research electronic financial transaction processing technology — services, equipments, and software— that could assist the WSO, a non-profit organization, with both incoming donations and outgoing payments, and including record-

keeping and auditing processes. The committee will report back to the 2010 WSBC conference details of their research and the related costs and benefits of each. **Approved unanimously as presented.** Roberta, Coletta and Bernice to serve on the committee.

Urgent New Business Motion #1- 2009. Motion submitted by WSBC Conference Committee with approval of the Urgent New Business Committee. It also had input from the Board and Area 3.

Committee Chairs, with the approval of the Board Liaison to the committee, may appoint non-delegate members who have expertise and specialized talents, skills, knowledge and competencies in a field related to the goals of a Conference Committee.

At no time shall the number of non-delegate committee members exceed the number of delegate members.

Non-delegate members shall not hold leadership positions on committees; only delegates may chair Conference Committees.

Non-delegate members must have a minimum of 90 days of current CEA-HOW abstinence to serve on any Conference Committee.

Approved: 45, Abstain: 1. Motion passes.

- 8. Policy Motion #11-2009.** The conference Public Information Committee will form a Website Oversight Committee to oversee the CEA-HOW website, including proposals for redesigning, periodically improving, and maintaining the CEA-HOW website. Such concerns and proposals shall be submitted to the Board Liaison for the Public Information Committee for review and approval prior to implementation. Amendment to replace the words oversight and oversee to enhance and enhancement the motion. Request to Table this motion to the morning. **Approved: 12, Opposed: 30. Not tabled.** Amendment to replace the words oversight and oversee to Enhance and enhancement the motion was withdrawn.

Amendment to motion to read: The conference Public Information Committee will form a Website Subcommittee to enhance the CEA-HOW website, including proposals for redesigning, periodically improving, and maintaining the CEA-HOW website. Such concerns and proposals shall be submitted to the Board Liaison for the Public Information Committee for review and approval prior to implementation. **Approved: 9, Opposed: 29, amendment fails.**

Amendment proposed: The conference Public Information Committee will form a Website Subcommittee to oversee the CEA-HOW website, including proposals for redesigning, periodically improving, and maintaining the CEA-HOW website. Such concerns and proposals shall be submitted to the Board Liaison for the Public Information Committee for review and approval prior to implementation. **Approved: 44, Motion to amend passes. Approved: 44, Motion as amended passes.** The subcommittee is comprised of Margie, Janice and Rachel.

- 9. Policy Motion #12 –2009 withdrawn.**

10. Policy Motion #13 –2009 Be it resolved that the Board Liaison to the PI committee may appoint a qualified member of the PI committee to be the PI web servant. The webmaster shall verify that the PI web servant has experience with the development and maintenance of websites. The PI web servant may be given direct access to the files of the ceahow.org website in order to maintain the PI web pages: ceahow.org/pi and ceahow.org/pi/pi_listing.html. The PI web servant may update the PI web page accessible to the general public (ceahow.org/pi) only upon approval of the Board Liaison to the PI committee. The PI web servant may update the page designated for use by the PI Committee (ceahow.org/pi/pi/listing.html) as directed by the PI Committee. **Approved: 45, Opposed: 0, Abstain: 1. Motion passes.**

11. Policy Motion #14 –2009 withdrawn.

Bylaws Motions Submitted Prior to Conference:

1. Bylaws Motion #1-2009: Submitted by the Board. Part C, Article 22, Section 4, Subsection c) of the CEA-HOW Bylaws are amended to read:

c) Any participant, group, or Intergroup, or Area may recommend an agenda item in writing to the Agenda Committee. The Agenda Committee shall make recommendations and propose agenda items to the Chair of the Board of Directors. Such proposals must be received by the Chair of the Board of Directors no later than 90 days prior to the Conference date.

Approved: 42, Opposed 0, Abstain: 2. Motion passes.

2. Bylaws Motion #2-2009: Submitted by the Board. Part C, Article 20, Section 4, Subsection b) of the CEA-HOW Bylaws is amended to read:

b) An Area and its delegate(s) must be formally registered with the WSO ninety (90) days prior to the opening of a World Service Business Conference to send Delegates to the current World Service Business Conference.

Part C, Article 21, Section 3, Subsection f) of the CEA-HOW Bylaws is amended to read:

f) Delegates and alternates should be selected at least one hundred twenty (120) days before the annual conference. Delegate registration forms and fees and requests for waiver of delegate qualifications shall be received by WSO a minimum of 90 days before conference. Under extraordinary circumstances (as determined by the Board of Directors), requests for waiver of delegate qualifications will be considered if submitted less than 90 days before Conference but no later than 30 days before Conference.

Approved: 43, Opposed 0, Abstain: 2. Motion passes.

3. Bylaws Motion #3-2009. Amend Part C, Article 18, Section 5, Subsection d) to read:

d) Any surplus revenues collected by the group shall be distributed as follows: 50% to the Intergroup, 30% to the World Service Office, and 20% to the Area Assemblies. Should the group request that the Intergroup forward their World Service and Area Assembly contributions, the entire 30% received on behalf of the World Service Office to WSO and the entire 20% received on behalf of the Area Assembly to the Area Assembly. No deductions from those monies will be made by the Intergroup to cover Intergroup fees, expenses, or prudent reserve, nor shall the Intergroup delay forwarding these funds for an extended period of time.

Approved: 39, Opposed 4, Abstain: 4. Motion passes.

Recess at 4:50 p.m.

BUSINESS SESSION—DAY TWO

The Conference reconvened at 9:06 a.m.

Credential Report: There were 47 voting Delegates for Day Two.

Reports – WSBC Committees:

Agenda: Rachel P. 15 motions submitted and worked with the motion submitters to refine language. They are hoping to keep the momentum going to do more in the coming year.

Finance: Coletta W. presented, met several times via conference call and discussed the need to raise funds to expand the fellowship. Did research on Web to examine tools to assist with electronic transfers to able WSO to receive larger donations to do so. Pleased that going forward they have a committee which is eager to continue this work.

Literature: Cheryl A. Living Sober questions were declined for publication and in lieu they concentrated on getting ABSI questions to conference. Thanked members for submitting their work for consideration. Traditions questions are being translated into Spanish but it is a very slow process. Suggestions have been sent to committee for making changes to sponsor guidelines and food plan which have been considered for review at conference.

Public Information: Holly D. Working on PI materials including “Library Packet” for dissemination to fellowship to encouraging outreach to public. They would like to request submission of personal stories for inclusion in the library packet. They would really like to get the PSA’s out there. They tested the possibility in Dallas; the radio stations said that we need to cut the length from 60 seconds because too long.

WSBC Policy Manual: Policy manual has been reviewed and the indicated corrections will be made in the coming year, with a current and accurate Manual presented to next year’s conference.

Sponsorship: Rick A. reported that the committee was unable to come together to conduct meetings throughout the year. Hopefully with the new committee of 8 members there will be new momentum.

Area Assistance Ad Hoc Committee: Worked diligently to establish a system by which donations could be made to WSO for the Area Assistance fund. In the coming year they are hoping to create application materials for Areas to submit their request for funds.

Questions and Comments about Reports.

PI committee requests submissions for information exchange regarding what works for your group for outreach.

Spanish translation of documents is not yet being provided, why not? Working at establishing a translation pool to do this valuable service to the Spanish speaking community.

The Ad Hoc Committee established at WSBC 2006 to develop a Meditation Book became inactive after a very committed beginning. There will be an Urgent New Business motion to fold the project into the Conference Literature Committee.

Election of WSBC Conference Committee: The following people volunteered for the Committee and were approved by acclamation: Holly D., Carol S., Judy K., Connie, Nancyann.

Open Forum

Could guidelines be created so that intergroups and areas have some guidance on how to do the accounting for their group? Financial Guidelines for Intergroups has been written by Rureth, our accountant and were supposed to be distributed to IG's and Areas but it was not done by the office. Hopefully the incoming Board will take care of this in the coming year. A cover letter is to be written to accompany it.

Can we change alcohol and alcoholic to food and compulsive eater when reading in a meeting? The parliamentarian said that as long as we are not reprinting it, it is not a problem.

Could a service manual be created for the fellowship? Service Manual was presented in draft form last year and no further action has been taken. The Service manual would help to codify the program. It was suggested that the Conference Literature Committee assume responsibility for further development of the Service Manual.

Serenity Prayer followed by thy will not mine be done. Can we add this or not? It is in AA literature both ways, so yes it can per individual group conscience.

Could Sponsorship and Literature committee work together to clarify the maintenance food plan? It would be wonderful if they would do so. Remember

though, your abstinence is between you, your sponsor, *Forever Abstinent/Maintenance Food Plan*, and your Higher Power.

Lupita expressed gratitude for ability of Spanish speakers to participate because of our translators.

Please email the Board liaison list to the committee Chairs.

What's the difference between a liaison and Director of the Month (DOM)?

Members of the Board act as Board liaison to a Conference Committee for the year. Each Director serves as DOM on a month-by-month rotating basis, taking point for that month on all inquiries made to WSO.

Member expressed gratitude for inclusiveness of the program that we're not limited to overeaters but to all compulsive eaters. In founding days, the 12 Step Formation Committee specifically chose a name that was inclusive of all eating problems.

Delegate allocation was only 67. Why not 75 as written in the Bylaws? Pamela referenced page 35 of the Bylaws which sets forth the mathematical equation to figure out the addition of extra delegates if the total number of delegates for any year is less than the maximum number of 75 established in the Bylaws. The calculation of the equation was unclear and no Area has requested more delegates, therefore there was no need to address the issue. (Cheryl stated Area 10 did not realize they could request more delegates.) A Delegate presented this explanation: everything from $\frac{1}{2}$ up is rounded up so those fractions which are below $\frac{1}{2}$, for instance, $3\frac{3}{8}$, $2\frac{1}{4}$, $4\frac{1}{3}$, are looked at and the largest unrepresented fraction, in this case $3\frac{3}{8}$, gets one additional delegate, and so on. Clarification of this issue will be dealt with by the coming Board.

Can we update the website to include all of the approved formats? Easy fix, will update website. The phone bridge site has some of them on theirs for people to download.

Cheryl did not realize they could request more delegates. The issue will likely need to be dealt with by the coming Board.

Why no teen program? Had to cease program for legal liability reasons.

Can we copy Convention CD's as back up for lending library? Convention tapes are not copyrighted so provided one is not selling them, there is no reason not to back them up for your lending library.

What is the status of new slip question creation? In addition to the slip questions in the *Sponsor Guidelines*, recommendations are to use the "Discussion and Reading Guide" in ABSI, read and write on line or paragraph of BB or 12&12.

SAFE and FAME formats were rescinded from presentation back in 2002, pursuant to the Board Policy manual.

Kaleidoscope and 21 Questions after the Inventory do not indicate that they refer to the third addition of the Big Book. **A member of the Fellowship (Don) will notate this for coming printings of these materials.**

Reconvened at 1:38pm.

Election of the WSO Board of Directors

Four seats on the Board were up for election: Nominees were: Rachel P, (Area 2), Coletta (Area 4), Sherry S. (Area 1), Carl B. (Area 1),, Eric R. (Area 5).

Newly elected Board members for two-year terms were: Sherry S., Rachel P., Coletta W., Carl B.

Remaining on the Board are Rae Z., Co-Founder, Coco C., (Area 6), Liz G. (Area 10), Lupita B. (Area 6).

URGENT NEW BUSINESS

URGENT NEW BUSINESS Motion#1:

Title: Disbanding of the Area Assistance Committee

Motion: The Conference Financial Committee will continue the work of the Area Assistance Committee and the Ad-Hoc Area Assistance Committee will be disbanded.
Approved by acclamation.

URGENT NEW BUSINESS Motion #2

Title: Transition of Meditation Book Project to the Literature Committee

Motion: Transition the mission of the Ad-Hoc Meditation Book Committee to the Literature Committee. **Approved by acclamation.**

URGENT NEW BUSINESS Motion #3

Title: Submittal of Motions to Agenda Committee

[Pursuant to Bylaws Part C, Article 12, Sec. 1, Subsec. d), approval requires 3/4 majority]

Part C, Article 22, Section 4, Subsection c) and d) of the CEA-HOW Bylaws are amended to read:

- c) Any participant, group, Intergroup, or Area may recommend an agenda item in writing to the Agenda Committee. **Such proposals must be received by the Agenda Committee no later than 110 days prior to the Conference date.**
- d) The Agenda Committee shall make recommendations and propose agenda items to the Chair of the Board of Directors. Such proposals must be received by the Chair of the Board of Directors no later than 90 days prior to the conference date.
- e) The Chair of the Agenda Committee shall make a report to the Conference regarding all motions received and those passed on to the Board of Directors.

Approved: 44. Unanimous, motion passes.

Adjournment

The 2008 World Service Business Conference adjourned at 2:35p.m.

REGISTER OF ATTENDANCE 2009

**Pamela K.
Bill P.
Coco C.
Lupita B.
Woody N.
Liz G.
Lois L.
Sherry S.
John Mc.
Rae Z.
Barbara B.
Bernice L.
Carl B.
Connie S.
Eric S.
Frieda W.
Gina C.
Leona J.
Holly D.
James L.
Joan D.
Ofelia M.
Mary K.
Nancyann S.
Rick A.
Sandra A.
Shannon H.**

Stephanie G.
Stuart G.
Cheryl F.
Carol S.
Debbie M.
Jim E.
Lilly E.W.
Merrie Anne B.
Rachel P.
Judy K.
Margie B.
Janice E.
Mindy B.
Al K.
Coletta W.
Jane W.
Eric R.
Ann A.
Irish C.
Cheryl A.
Joann S.
Roberta S.
Katy P.