

**COMPULSIVE EATERS ANONYMOUS –HOW**  
**Minutes of**  
**World Service Business Conference**  
**Los Angeles, California**  
**July 19-20, 2007**

**Call to Order**

Pamela K., Chair, called the meeting to order at 8:42 a.m. with the Third Step Prayer and introduction of the Board. A charge was made to the delegates that they are representing CEA-HOW as a whole as laid out in the Twelve Concepts for World Service.

Board members present: **Pamela K., Woody N., Bill P., Ruth L., Irish C., John Mc., Lois L., Coco C., Rae Z.**

**Co-Founder's Greeting:** Rae Z., Co-Founder, greeted the delegates.

**Conference Support Committee:** Jeanne T., Norma T. and Kelly O. gave service to the Conference as volunteers to assist the voting delegates.

**BUSINESS SESSION—DAY ONE**

**Roll Call--**

There were 43 voting members present consisting of 34 Delegates and 9 Board members. See Register of Attendance. Wally Rothbart served as parliamentarian.

**Workshop—Parliamentarian Workshop**

Wally Rothbart, Parliamentarian, presented a workshop on parliamentarian procedure for the delegates. Short sessions on matters of procedure along with Q & A were given in fifteen minute segments following each break and at the start of each session of Conference.

**Approval of Standing Rules**

The Standing Rules were approved unanimously with the following amendment:

8. Elections b. Replace 51% with **(more than one half)**

**Approval of Agenda**

The agenda was unanimously approved with the addition of any appropriate Robert's Rules of Order terminology.

**Approval of 2006 WSBC Minutes**

The minutes were approved with the following additions:

Under Urgent New Business:

3. A Motion was made to form an *ad hoc* committee under the direction of the Education Committee to develop a Sponsorship manual and a Sponsorship workshop. Ann S. is Chair of this committee. **MOTION PASSED.**
4. A motion was made to form an *ad hoc* Public Information Committee under the direction of the Education Committee to create materials for outreach to the community. Marian H. was named Chair of this committee. **MOTION PASSED.**

**Open forum concerns:**

The following suggestions were made:

1. Put out the WSBC schedule ahead of time on the website.
2. Add a place on the Delegate Registration form and the Convention Registration form for members to request help in finding roommates.
3. That Area Chairs might interact with each other to share concerns and get support.
4. To send out as much Delegate packet information as possible via email.
5. To utilize the fax machine to expedite communication.
6. To have information available to support those who are sponsoring members of an Orthodox organization.
7. To make sure that meetings are updated on the website in a timely manner.
8. To turn in meeting changes as quickly as possible. This also pertains to the request for census changes that was sent out to Intergroup and Area Chairs and to unaffiliated groups in a mailing in April 2007.
9. To make sure that draft minutes of the WSBC are posted to the website in a timely manner.

**Reports**

Pamela K., Board Chair and Woody N., Corporate President, presented their reports to the Conference.

**Board Committee reports were presented:**

**Executive Committee:** Woody N.

**Finance:** Bill P., Treasurer, and Woody N., Co–Chair of Finance Committee

**Literature:** Ruth L.

**Education:** Lois L.

**Nominating:** Ruth L.

**Convention/Conference:** Pamela K., Ann S.

Open Forum questions and comments pertaining to the committee reports:

1. **Are there guidelines for opening a bank account?** None are available at this time. This would be good to put in the service manual.
2. **There was a question about the \$5000 bequest in the donations and the limit as currently set out in the Bylaws in Article 6, Section 4, Gifts.** The Bylaws

- have been changed to set this limit at \$10,000 and the Bylaws have not been updated to reflect this yet.
3. **There was a question as to why was it prudent to start another IG to keep shipping and handling costs down.** Saves money for those Intergroups as opposed to paying full costs and when Intergroups order literature for their member groups, fewer orders have to be processed by WSO.
  4. **How do meetings establish a prudent reserve?** This depends upon the size of the entity. An example would be to have two month's operating expenses. It is based upon group conscience. AA suggests having a prudent reserve of three month's operating expenses.
  5. **Some members are working the abstinence part of the program but not using the literature. How do we encourage using the literature?** The Education Committee is working to establish information on this. A proposed motion this year will emphasize that the tri-fold food plan is but an adjunct to the full program outlined in the Forever Abstinent Book.
  6. **Sometimes people are registering the meetings and do not have abstinence. Is there a screening process to make sure abstinence requirements are being followed?** There is no procedure for screening abstinence levels. The responsibility is at the group level with group conscience decision ruling.
  7. **How do we encourage more Hispanic people to register at the convention?** Through example and education and development of Area 6.
  8. **Living Abstinently questions have been developed from the Living Sober book and have been sent in to the Literature committee. Living Sober is an approved AA publication and as such is approved to use in CEA--HOW.**
  9. **There was a suggestion to drive more traffic to the website.**
  10. **Why were hours of office manager cut when we are trying to grow and communicate?** This was necessary due to finances.
  11. **What is the Nominating Committee?** This is set up to nominate non-participating Directors.

#### **Announcement of Conference Committee Assignments:**

**Conference Literature:** Gina C., Connie S., Ofelia M., Leona O, Joan D., Eric S.,

**Agenda:** Maria D., Poly, Jeanie S., Tom P., Chris M.

**Finance:** Herlinda B., Sherry A., Maria B., Sis T, Lupita B., Holly M.

**Urgent New Business:** Lupita B, Leona O, Rhonda C., Holly D., Sis T.

**Education/Public Information:** Bob W., Mike O, Marian H., Jane W., Cheryl A., Michelle T.

**Education/Sponsorship:** Rachel P., Mindy D., Liz G., Wendy F., Manny G., Ann S.

**CEA-HOW Convention:** Sandie K., Holly D., Rhonda C., Coletta W., Ann S., Mindy D.

Conference committees will meet during WSBC to elect their Chairs, who will provide all contact information to the Board Secretary and also set up their next meeting to begin Committee work for the year.

## New Business

### Motions Submitted Prior to Conference

1. Policy Motion #1-2007. CEA-HOW Spiritual Meditation Book: A motion is submitted by Area 1 that "...the Conference Literature Committee is charged to prepare a draft of a CEA-HOW oriented spiritual meditation book and present it for review, comment, and/or approval at the 2008 World Service Business Conference. Motion to amend 2008 to 2009. **Amendment passed: Approved 33, Opposed 3.**

An amendment was proposed: "An *ad hoc* Conference Meditation Book Committee, working in conjunction with a Board Meditation Book Committee is charged to prepare a draft of a CEA-HOW-oriented spiritual meditation book and present it for review, comment, and/or approval at the 2009 World Service Business Conference. **Amendment passed: Approved 36, Opposed 2. Main motion passed: APPROVED: 32; OPPOSED: 7.**

2. Policy Motion #2-2007. A motion is submitted by Area 1 that Page 12, third bullet paragraph of Forever Abstinent shall read: "All food must be weighed and measured. Use a postal scale, a kitchen scale, or a digital scale and a measuring cup and measuring spoons. Most CEA-HOW members continue weighing and measuring in restaurants. Although this is not a must, it is a successful method of preventing undereating (therefore, dieting!) as well as overeating." Amendment: We weigh and measure our food. Use a postal scale, a kitchen scale, or a digital scale and a measuring cup and measuring spoons. Most CEA-HOW members continue weighing and measuring in restaurants. Although this is not a must, it is a successful method of preventing undereating (therefore, dieting!) as well as overeating." **Amendment passed: Approved 31, Opposed 5. Main motion passed: APPROVED 36; OPPOSED 2.** The minority opinion was heard. Following this, one person in the majority changed their vote and the final vote was **APPROVED 35, OPPOSED 3.**
3. Policy Motion #3-2007. A motion is submitted by Area One stating: The front of the tri-fold Forever Abstinent be modified to include the following advisory: "*This pamphlet may be used as a companion to the Forever Abstinent booklet, not as a replacement for it.*" **Motion passed: Approved: 38, Opposed 0.**

Business Session—Day One recessed at 5:15 p.m.

### **BUSINESS SESSION—DAY TWO**

The Conference reconvened at 8:58 a.m.

Credential Report: There were 45 voting Delegates for Day Two consisting of 36 Delegates and 9 Board Members.

### **Reports – WSBC Committees:**

**Conference:** Presented by Holly D. More communication and links to World Service are needed.

**Agenda:** Presented by Holly D. The committee worked throughout the year to try to get motions for the 2007 Conference. Area 1 had motions and submitted them through the committee. Motions from other Areas were sent to WSO. More interaction between World Service and the committee would be beneficial.

**Finance:** Presented by Maria D. Efforts by the Board were noted.

**Literature:** Presented by Judy K. The goal was to help edit WSO literature and to make a pamphlet listing the names of all sugars. 1. A phone meeting was set up for August. One member was on the phone. 2. A member sent in information on the sugar names. 3. Information was sent about the Sponsorship Booklet. The committee offered to edit it. It was given to someone else to do. 4. The committee offered to edit WSO materials as requested by the President. A committee was set up of four people to help with this but there was no further communication from WSO and better communication is needed for next year.

**Urgent New Business:** Presented by Leona O. The committee functioned at last year's WSBC and there were no carryover actions to be taken following last year's Conference.

**Education *ad hoc*/Service manual:** Presented by Marian H. The committee started on a draft of an outline for a service manual. Materials have been pulled in from three different fellowships for review and this work is in process.

**Education *ad hoc*/Public information:** Presented by Marian H. A report was given and is available upon request.

***Ad hoc* Sponsorship:** Presented by Ann S. A report was given and is available upon request.

***Ad hoc* Convention:** Presented by: Ann S. A report was given and is available upon request.

### **Questions and Answers about Reports.**

1. It would be helpful to have an organization chart posted to the website to help with communication.
2. A list will circulate with contact information and committees and will be distributed to the delegates.

**Proposed Meditation Book:** Pursuant to approved Motion 1-2007, information was presented about a proposed new meditation book. A flyer will be sent out. The book will be based on the format of the AA meditation book. There will be a phone conference meeting on Aug. 6, 2007 at 6 p.m. PDT. The President's input and help was acknowledged.

**New Business—Motions submitted prior to Conference (continued)**

4. Policy Motion #4-2007. A motion is submitted by Area 2 for a General Meditation format with Guidelines to Meditation for Meeting Use. Amendment to change the language from gender specific to Higher Power throughout the reading. **Approved, 13 Opposed, 22. Amendment failed.** Amendment to change language by striking "He" with "God," to strike "Him" and replace it with our "Higher Power" and to strike "His" and replace with our "Higher Power's." This issue was referred to committee. Motion to accept the wording change in 4 and 8. **Approved 33, Opposed 1. Motion passed.** Subsidiary Motion to refer to committee Motions 4-8 to the Conference Literature Committee. **Approved 22 opposed 11. Motion passed.**
5. Policy Motion #5-2007. A motion is submitted by Area 2 for Meditation, Ocean Walk, for Meeting Use: Referred to Conference Literature Committee.
6. Policy Motion #6-2007. A motion is submitted by Area 2 for Meditation, Step 7, Journey into Light, for Meeting Use. Referred to Conference Literature Committee.
7. Policy Motion #7-2007. A motion is submitted by Area 2 for Meditation, Step 9, Forgiveness Meditation, for Meeting Use: Referred to Conference Literature Committee.
8. Policy Motion #8-2007. A motion is submitted by Area 2 for Meditation, Step 12, Magnificent Staircase, for Meeting Use: Referred to Conference Literature Committee.
9. Policy Motion #9-2007. A motion is submitted by the Leon Intergroup for the 2009 WSBC Conference/CEA-HOW Convention to be held in Leon, Mexico. Amendment to change the year to 2010. There was a subsidiary motion to refer to committee the motion and the amendment on the floor to a special Committee set up through the Conference Committee liaising with the Board Finance Committee and report back to the Board by the January Board meeting. The Board will send to the Area Chairs who will respond to the Special Committee who will then report back to the 2008 WSBC. The question was called to stop debate. **Approved 34. Motion carried.** Vote was taken on subsidiary motion. **Approved 15, Opposed, 22. Motion failed.** A subsidiary motion to refer to committee the motion to refer Policy Motion Nine 2007 to an *ad hoc* committee

consisting of a member from each Area. This committee will report to the Board prior to their regularly scheduled Board meeting in January. The Board will provide comments, questions and suggestions to the committee within 30 days following the Board meeting. The committee will then address any issues and will put it in final form for inclusion on the agenda for the 2008 World Service Business Conference. **Approved, 26, Opposed 9. Motion passed.** Rachel P., Area 2, will chair the committee and other members are Joan, Area 1, Liz, Area 4, Poly, Area 6, and Jay, Area 7. Members from other Areas will be asked to participate in the committee.

10. Policy Motion #10-2007. A motion is submitted by the Phone Bridge Intergroup for the Formation of Area 9—Phone Bridge. Because there was not 14 days' prior notice given to the delegates as prescribed in the Bylaws, a vote could not be taken at WSBC as this would conflict with the Bylaws.

11. Policy Motion #11-2007. A motion was submitted by the Board of Directors for Committees established at WSBC 2006 to be confirmed as Conference Standing Committees. An amendment was made to change the wording in Section 9. Convention Committee a) The chair of the Convention Committee for the succeeding year shall be elected by the fellowship each year at the Saturday night Convention event, or such other Convention event as deemed appropriate. **Approved 35, Opposed 1.** Because there was not 14 days' prior notice given to the delegates as prescribed in the Bylaws, a vote was not able to be taken at WSBC as this would conflict with the Bylaws.

**Election of WSBC Conference Committee:** Wendy F., Rachel P. Jeanie S., Sandie K., Michelle T., Coletta W., and Cheryl A. were nominated. A motion was made to accept these nominations by acclamation. Approved, 35, Opposed, 0. Motion passed.

**Finance Committee—Gratitude Month—**The Finance Committee recommends that March 2008 be designated as Gratitude Month and that a separate basket be passed at meetings for donations to World Service in gratitude for the program. A flyer will be sent out by the committee on this.

**Urgent New Business: Two items were submitted. One was a policy motion, and one was Bylaws and that motion was ruled out of order because the required prior notification was not given.**

**Policy motion: Presented by Lois L.** A motion was made to create an *ad hoc* committee to explore the production of audio materials for CEA-HOW questions and the related assigned readings. **Approved 36, Opposed 0. Motion passed.**

### **Election of the WSO Board of Directors**

Four seats on the Board were up for election; three seats were for two-year terms and

one seat was for a one-year term to fill the final year of a two-year term following the resignation of a Board member. Nominees were: Pamela K., Bill P., Tom P., Marian H. and Leona O.

Newly elected Board members for two-year terms were: Pamela K., Bill P., and Marian H. Tom P. was elected for the one-year term.

Remaining on the Board were Rae Z., Co-Founder, and Woody N., Irish C., Coco C., and Lois L. who will complete the second year of their two-year terms.

### **Adjournment**

The 2007 World Service Business Conference adjourned at 4:45 p.m.

### **REGISTER OF ATTENDANCE 2007**

**Woody N.  
Pamela K.  
Irish C.  
Bill P.  
Ruth L.  
Coco C.  
Lois L.  
John Mc.  
Rae Z,  
Ann S.  
Chris M.  
Connie S.  
Eric S.  
Gina C.  
Herlinda B.  
Holly D.  
Holly Mc.  
Joan D.  
Judith B.  
Leona O.  
Manny G.  
Maria B.  
Maria D.  
Ofelia M.  
Sandie K.  
Sherry S.  
Sis T.  
Tom P.  
Bob W.  
Judy K.  
Mike O.**

**Mindy D.**  
**Rachel P.**  
**Rhonda C.**  
**Charlene C.**  
**Cheryl A.**  
**Elizabeth G.**  
**Jeannie S.**  
**Colletta W.**  
**Jane S.**  
**Marian H.**  
**Michelle T.**  
**Lupita B.**  
**Poly F.**  
**Wendy F.**