Compulsive Eaters Anonymous-H.O.W. World Service Business Conference Hotel Hilton Airport, Los Angeles, California July 21-22, 2005

Minutes

Call to Order

Rosemary called the conference to order at 8:57 a.m.

Roll Call

There were 53 members present. See Register of Attendance. Jason S. served as parliamentarian.

Workshop - A Vision for You

Rae Z. began the workshop, A Vision for You. She talked about the past history of CEA-HOW and how the program took off by two people (Fred S. and Rae Z.) working the program together through service and the fellowship.

Rosemary spoke about the present and the representation at today's conference from around the world. She asked questions to reflect on today, such as, do we have the same vision today that Fred and Rae had in the beginning years of the program? What is our vision for others and us? Rosemary spoke of the need to have a unified form of service for the compulsive eater. She invited delegates to follow the road map that Rae Z. and Fred S. established for us.

Michelle T. talked about what the future could be for our program. She made reference to AA's Big Book, page 162, and the vision to find a meeting in every place of the world as we grow each day. She commented on the "willingness to participate and labor as the key" to our following our vision so that everyone has the opportunity to recover. Michelle outlined these important steps; surrender today, clean up today, and help others in the future.

Business Session – Day One

At 10:39 a.m., Sandy C, announced that there were 42 delegates registered.

Approval of Standing Rules

The Standing Rules were approved as presented.

Approval of Agenda

Rosemary G., Chair, accepted the amendment presented by Jack C.

Motion carried by a vote of 40 to 1, 1 abstention. Eric R. moved, Mariam H., seconded, to accept the agenda with input from delegates to take the place of the WSBC Committee Reports.

Approval of Minutes

The minutes were made presented for approval.

Motion carried by a vote of 37 to 0, 2 abstentions. Erick R. moved, Ellen H. seconded, to accept as written the WSBC Minutes of July 21-22, 2004.

Committee Reports

Chair. Rosemary read aloud her report. Report filed. The report focused on the service commitments by Board members as they strive to serve the fellowship. Rosemary explained that Board members serve as guardians of the principles of this program. She noted the hundreds of E-mail received, and the effort to respond with unity from each of the Board members. Rosemary spoke about the online and phone meetings in place. The annual count of meetings registered will be sent to all intergroups in the month of October 2005. Rosemary spoke on the importance of motions to be submitted by areas in a timely manner. She asked delegates to read the WSO Bylaws included in the delegates' packet, and she asked that correct contact information for intergroups and areas be sent to the World Service Office. The quarterly WSO workshops did not take place this year. These workshops are done as a fundraiser effort. The Board hired a parliamentarian for this years' conference. The WSBC approved maintenance food plan was sent to print last December. The Board was disappointed that they did not hear throughout the year from conference committees.

Education. Michelle T., Chair, read aloud her report. Report filed. The report focused on the efforts to transition the work of the Webmaster. Nancy M. is the new Webmaster. She is working to enhance the WSO website and features for continuous update. The Education Committee developed the convention logo. There is a template in place for the production of a newsletter.

Finance. Rae Z. presented the financial statements. Total assets are \$41,030.47. Total liabilities were \$14,389.57. Total Equity and retained earnings was \$26,640.85. There was a net loss of \$6,448.78. Rae Z. presented the Profit and Loss Statement. She indicated that the operating expense is 82% of income. Payroll costs are 42% of income, cost of goods sold is 25%. Income from meeting contributions is 38%, literature sales is 32%, conference/convention is 25%. Other reports presented to delegates included contributions by intergroups, and sales by intergroup.

Literature. The chair of this committee resigned. The committee report was included in the President's Report.

President. Ann S. read aloud her report. Report filed. Ann spoke of the vision to grow the program with the help of intergroups and areas. She oversaw the operations of World Service Office including the supervision of the Office Manager Ron. She worked closely with the

previous Webmaster, Pat A., and with the Bookkeeper Rureth A. Ann spoke about some technical problems encountered in the records filed with the bank. The Board sought to keep the costs down and lower some expenses, such as shipping charges. A Board policy was established to secure lower travel expenses for individual board members through the use of the company credit card. Karen R., who resigned from the Board had began an audit of the books, where she saw a need to start an archiving system. Ann noted that while more meetings opened in the year, the meeting contributions did not increase.

In relation to the Literature Report, Ann encouraged people to call the office with corrections to be made in our literature. A small increase was made in the literature prices in order to help keep the office self-supported. There had not been a literature increase in three years. Ann explained the need to create a format book, and E-mail sponsor and sponsor by mail lists to have available in the office. Board members rotated each month in answering questions from the fellowship.

As the President, Ann arranged to finalize the hotel contract with the Hilton Airport Hotel and with the possibility of a two-year contract that the 2006 Board of Directors can make a final decision.

WSBC Committee Reports

Agenda. Maria D. gave an update on the activities of the Agenda Committee. The committee received no motions to submit to the Board. However, the committee discussed the definition of a quorum that had become an issue last year, and applauds the Board for hiring a Parliamentarian for this year's conference.

Education. Mariam H., explained that this was an ad hoc committee. The Committee discussed the use of the Internet, and saw the need to prepare material to give an orientation to new delegates elected to serve on the conference.

Finance. Pat H. indicated that while the record shows her as committee chair, she was not notified of her appointment. There was no report to present.

Interpretations ad hoc Committee. Rosemary explained that the charge of this committee. There was no report to present.

Literature. Ruth described the work of the committee prior to her appointment during the year as a Board member. The maintenance fool plan approved by delegates last year was published. There are questions written on the Twelve Traditions that is currently being tested in Albuquerque, and hopefully these can be approved next year.

Technology ad hoc Committee. Jack reported on the efforts to address the Website and Webmaster functions. He hopes to be able to speak directly with our new Webmaster Nancy to continue progress on this committee.

Urgent New Business. James was appointed to report on behalf of Ted K. He explained the process to submit urgent new business for the committee to decide whether they meet the criteria of 1) non-important, non-germane, 2) important but not essential, 3) very important but not

urgent, or 4) urgent and important. James offered assistance to write the motions. The deadline for motions was by the end of today's session.

Open Delegate Discussion. The floor became open to an open discussion and to allow delegates to provide input on the goals and objectives for the conference committees. Each area was given an opportunity to have one delegate speak for two minutes each on a rotating basis.

The delegate input related to:

- 1) Refining the Internet Google key words for easy access to our program by the newcomer.
- 2) Guidelines needed for intergroup newsletters.
- 3) Alternative actions to follow when committee members leave their positions.
- 4) List of responses available for common questions.
- 5) A phone line to help isolated groups to have access to the Board.
- 6) Outreach to start new meetings with best practices and templates for local groups to use.
- 7) List of Email addresses of committee members available for committee members to know who to do business with and improve communication as base to spread the word and spread it efficiently.
- 8) Question and Answer Committee to oversee the issues and concerns addressed by the fellowship.
- 9) Area 6 (with Spanish interpretation) gave a report on the work done reining the intergroup bylaws.
- 10) The need for more questions and more input from members with questions.
- 11) Improved communication throughout from World Service to all committees, and areas, and finding a way to acknowledge each response sent to World Service.
- 12) Publish the answers that Board members respond to.
- 13) Review the structure of committees and terms of office in order to conduct business more efficiently.
- 14) Decide to establish a service manual.
- 15) Form an ad hoc Committee to address the "monsters" or harmful actions from members to the fellowship as a whole.
- 16) Provide for one week of workshops to conduct committee work.
- 17) Help communication by copying the answers from the WSO Board to intergroups and areas or posting the answers on a newsletter.
- 18) Produce a WSBC policy manual.
- 19) Form an oversight committee that can monitor some of these suggestions for implementation and produce concrete results.
- 20) Area 6 (with Spanish interpretation) asked for help with information to the Mexico Intergroup Board on how to perform their service and help grow the meetings.
- 21) Find a simple way to facilitate service and participation from the fellowship.
- 22) Develop a pamphlet from teenagers and guidelines to run meetings with appropriate disclaimers.
- 23) Create a 4 x 6 meeting format or folder with basic pitch meeting formats for members to use when meeting secretaries are not available to start the meeting on time.
- 24) Formulate a "Meeting at a Glance" with all the readings and available on diskette.
- 25) Area 6 (with Spanish interpretation) asked for help to be able to view the Website in Spanish, and help to implement the Area Bylaws.

- 26) Write literature on Unity and produce a tape on this subject.
- 27) Assistance to consolidate and submit to the Conference committee these concerns for handling by the proper committee.
- 28) Need to come with member newsgroups similar to CEA-HOW New York (via the Yahoo groups).
- 29) Propose to pay for assistance to integrate all the proposals related to the Internate.
- 30) Find ways to separate the schedule of the conference from the convention.

The conference for Business Session - Day One adjourned at 2:40 p.m.

Business Session – Day Two

The conference reconvened at 9:00 a.m. Our Parliamentarian Jason S., clarified that a quorum consisted of the majority of members present in order to conduct business, as well as the definition of a majority or two thirds vote of the members present at the time that a motion is being presented.

Board Member Elections

Rosemary opened the floor for nominations at 9:43 a.m. Ann S. explained the process of nominations and how there are positions on the board such as Treasurer that do not necessarily have to be an elected member. After closing of nominations, the following members were elected by secret ballots:

Elected to serve two year terms were: Becky Y., Eric R., Bill P., and Judy K. Elected to serve a one year term were: Ruth L., Cris M., Shelle M., and Woody N.

Motions Submitted Prior to Conference

Three meeting formats were submitted for approval by the conference.

Motion carried by a vote of 27 of 11, 1 abstention. Ann S. moved and Sis T., seconded to approve the Finding the Willingness Meeting Format as presented. (Editorial revisions recommended)

Motion failed by a vote of 15 to 20, 4 abstentions. Becky Y. moved and Jean R. seconded to approve the Focus on Recovery Every Day (FRED) Meeting Format.

Motion postponed indefinitely by a vote of 29 of 7, 6 abstentions. Erick R. moved and Holly D. seconded to approve the Speakers Beginning Meeting Format as written. Joan D. moved and Ann S. seconded to postpone the motion indefinitely.

WSBC Conference Member Elections

Rosemary opened nominations to the conference committee at 1:45 p.m.

Motion carried by a vote of 41 to 0. Eric R. moved and Jeanne R. seconded to accept the nominations and elect the following delegates as members of the Conference Committee by acclamation: Adriana D., Sheryl L., Jay L., Leona O, Char L., and Joan D.

Michelle T. noted that the committee structure has been weak, and the committees are the backbone of our program. She encouraged all delegate to fully participate in the process.

Reversal of Motions Passed Earlier

Motion carried by a vote of 31 to 6, 6 abstentions. James L. moved and Eric R. seconded to rescind approval of the Finding the Willingness Meeting Format.

Urgent New Business

James L. addressed the motions submitted as 1) Important, 2) Urgent, 3) Not Important. The committee received eight motions and elected to present two motions for approval. All others were referred to the appropriate committees.

Motion 1 carried by a vote of 34 to 0. In order to fully participate and act more accurately on the decisions to be made, approved that all information provided to the delegates be provided also in Spanish.

Motion 2 carried by a vote of 38 to 0, 1 abstention. In order to have clarity and a vision, approved that a service policy manual be established in CEA-HOW and eliminate confusion.

Closing Comments

Rosemary noted that the World Service Office is experiencing a deficit of \$6,348.28 for 2004-05. She wonders if all meetings were sending contributions to the World Service Office, and she asked that meetings be asked to consider asking themselves how they can help to reduce the deficit and meet the financial needs of the program. Rosemary spoke of this year's convention and representation from the United Kingdom, perhaps Israel, Mexico, and the Netherlands. She thanked all the delegates, the parliamentarian and members of the Board for their support and participation.

Adjournment. The 2005 World Service Conference adjourned at 3:17 p.m.

Register of Attendance

Board of Directors

Rosemary C., Chair of the Board Ann S., President Sandy C., Vice Chair Michelle T., Vice President Rae Z., Co-Founder and Treasurer Jay L., Board Member Cris M., Board Member

Jason S., Parliamentarian Maria D., Minutes Recorder

Delegates

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Adriana D.	Erick R.	Maria D.
Asher A.	Gloria M.	Mariam H.
Barbara K.	Godeleva M.	Mary O.
Becky Y.	Godfreda C.	Michael R.
Betty M.	Holly D.	Norma T.
Betty P.	James L.	Ofelia M.
Bill P.	Jeanne R.	Patricia H.
Carol J.	Joan D.	Patricia M.
Char L.	Judy G.	Shellee A.
Connie S.	Leona O.	Sheryl L.
Dan B.	Lois L.	Sis T.
David S.	Lupita B.	Woody N.
Ellen H.	Luz Ma C.	
Mike O., Guest		

WSBC Conference Committee

Adriana D. Char L. Jay L. Joan D. Leona O.

Agenda Committee	Finance Committee	Literature Committee
Maria D., Chair	Betty M.	Leona O.
Holly D.		Betty P.
Mary Q.		Luz Ma C.
David S.		Carol F.
Betty M.		Connie S.
Sheryl L.		Ofelia M.
		Michael R.
		Patricia N.
		Jeanne R.
		Adriana D.

Urgent New Business Committee

Michael R.

Cat ?? (was Cat a Delegate?)

Barb K.

Education ad hoc Committee

Sharon C. Godeleva M. Gloria M. Mariam H. Lupita C.