

Compulsive Eaters Anonymous-HOW
7th Annual World Service Business Conference
July 22-23, 2004
Anaheim Marriott Hotel and Suite, Garden Grove, California
Minutes

CALL TO ORDER

Rosemary G. opened the 7th Annual World Service Business Conference at 9:00 a.m.

SERENITY PRAYER AND TRADITION II

Rosemary G. led the recitation of the Serenity Prayer and Tradition II.

INTRODUCTION OF CO-FOUNDER AND BOARD OF DIRECTORS

Rosemary introduced the 2003-04 Board of Directors that included our Co-Founder Rae Z. and President, Pat A.

WORKSHOP – GLOBAL VISION: LOCAL SERVICE

Pamela G. spoke on the importance of carrying the message locally at home meetings and globally via intergroups, areas, and world service levels, being mindful of the Twelve Traditions of CEA-HOW. She reminded everyone of the primary purpose of carrying the message as she read the AA declaration, "I am responsible." Marcia M. described the service of E-mail sponsor and the experience of groups that have begun via E-mail sponsorship.

Pat A. gave a history on the development of the WSO website and how it has impacted the growth of CEA-HOW Globally. She described the process of responding to inquiries sent through the website to serve compulsive eaters globally. John M. explained the online meetings and sponsorship online. Michele T. shared about the most recent service of phone CEA-HOW meetings. Rosemary G. explained the process of responding to E-mail inquiries by the WSO Board.

Ann S. spoke on the various groups that she contacted about how they have developed as intergroups. She introduced this year's newsletter developed to improve communications locally and globally and her hopes to develop information on workshops. Gela C. (with interpretation assistance) gave an update on the Intergroup of Leon, Mexico consisting of 46 meetings in Leon, and 10 meetings outside of Leon. Ana L. spoke of her excitement about the recovery of individuals in Leon, Mexico, and how this affects many other individuals everywhere. Rosemary G. asked Delegates to participate and pass the message on how to start a meeting and form an intergroup. She gave her experience in working with the Intergroup of Florida.

MEETINGS – CONFERENCE COMMITTEES, WSO BOARD

Rosemary G. appointed Ted K. as a replacement Chair for the Urgent New Business Committee for 2003-04. Delegates and Board members met separately for a briefing on 2003-04 WSO Board and World Service Business Conference Committee activities.

BUSINESS SESSION – Day One

Rosemary G. called the Business Session to order at 3:10 p.m.

ROLL CALL AND CREDENTIALS REPORT

Rosemary G. conducted Roll Call and introduced 32 delegates eligible to vote and 10 Board members present. See attached list of registered delegates and guests present at the conference.

APPROVAL OF STANDING RULES

The Standing Rules were approved by a vote of 26 to 0 with no abstentions.

APPROVAL OF AGENDA

The amended agenda was approved by a vote of 28 to 0 with no abstentions.

APPROVAL OF MINUTES

The World Service Business Conference Minutes of July 17-18, 2003 were approved as corrected.

REPORTS

Chair of the Board of Directors

Rosemary G. read aloud the Report **as** the Chair of Directors. Report filed. The report commented on challenges and decisions needed to be made and resolved and the emotions related to the passing of Fred S., Co-Founder. She talked about present goals, workshops, the planning of this year's conference and convention, the "Other HOW" Meetings, and WSO Literature committee and revisions to the Maintenance Food Plan, and literature updates in line with the 4th edition of the AA Big Book. Rosemary asked that intergroups to keep the WSO Office updated with telephone changes on a regular basis.

Rosemary noted in her report that written correspondence was sent to Overeaters Anonymous advising that some OA groups are still calling themselves HOW and are copying CEA-HOW literature without permission. No response was received. Rosemary encouraged the delegates to get involved and sign up for service. She reported that there are 597 open meetings, 69 closed meetings, 34 intergroups, and 8 areas.

Corporation President

Pat A. read the report of the President. Report in file. The report addressed the office staff and support to the membership and accomplishments. A two-year office lease was negotiated starting at \$559 to \$580 per month until January 2006.

The San Diego Coastal Intergroup donated \$556.50, (50 percent of the proceeds for this year's retreat with tapes donated to WSO) these funds were allocated to purchase a new printer. The

Intergroup of Southern California donated their old copier machine to World Service for which service agreements and parts can no longer be purchased; therefore there will be a need for a new copier in the near future. The hotel rates for this year's conference was negotiated. She thanked the office staff for their dedication and support.

WSO Board Committees

Education

Ann S., Chair, read the committee report. Report in file. The report related to conference approved meeting formats, guidelines and resource packet for forming intergroups, workshop packets and tapes, publication of WSO newsletter, and participation in the Global Vision at conference on development of intergroups. Ann described the role and function of the Education committee.

Executive

Rosemary G., read the committee report. Report on file. Comments in the report related to the Committee's goal to improve communications and have the message available to those who reach out to us.

Finance

Rae Z. gave the financial report as of June 30, 2004. Report in file. Total current assets were \$37,917.80. Total liabilities were \$8,485.57. The total organization worth is \$39,959.98. There was a net income of \$700.23.

Literature

Holly S. read the committee report. Report filed. She thanked the Conference Literature Committee for compiling input from intergroups and assisting in revising and present the draft of the unified Maintenance Food Plan to the delegates for approval this year. She also thanked Don B. for his input in revising the sponsor questions to align the references to the 4th Edition of the AA Big Book. Until inventory is depleted the sponsor questions will come with an insert that will include these revisions. Holly described the collective process of approving literature via meetings, intergroups, areas, World Service Business conference, and World Service Board levels.

Nominating

Rosemary C. read the committee report. Report filed. Three Participating Director positions are open for election at this year's conference. There are 2 vacant positions of Non-Participating Directors.

Conference/Convention

Rosemary G. read the committee report. Report filed. She thanked all who helped plan this year's conference and convention. A questionnaire has been developed to provide an

evaluation on this year's convention. She asked delegates for support of next year's conference and convention.

WSBC COMMITTEE REPORTS

Conference

No report presented due to resignations and lack of representation.

Agenda

No report presented due to resignations and lack of representation.

Literature

Ruth L. spoke of committee resignations and the efforts made to bring to the fellowship the revisions for the Maintenance Food Plan. Feedback was requested with a date extension to February 2004 from intergroups with a 50% success on responses.

Finance

Karen R. reported that Finance Committee was not active throughout the year. The committee met today and recommended that the financial reports be available to the committee for a comprehensive review. The committee also discussed last year's concern brought to the conference on the need to define and determine the prudent reserve of the organization in the bylaws. The Committee also hoped that this year's committee establish a quarterly review of the financial statements.

Urgent New Business

Ted K reported of the committee resignations. He explained the process of deadlines to submit motions and how this committee considers those motions to be: 1) not important or germane 2) important but could be implemented some other way, 3) very important and also urgent. The committee then decides to present only those motions considered to be very important and also urgent.

Education Committee

Bill P. reported on today's committee meeting. He encouraged delegates with computer skills to participate in the activities of this committee. The committee also discussed the possibility of making available various intergroup newsletters online.

OLD BUSINESS

Unified Maintenance Food Plan

Rosemary G. explained that this has been a three-year effort to bring to the conference for approval a unified Maintenance Food Plan. Holly S. presented the unified Maintenance Food Plan for approval as CEA-HOW approved literature.

Motion failed by a vote of 5 to 20. John moved and Ted seconded, to accept the amendments to the Maintenance Food Plan: 1) remove 2 T sugar free fruit spread, 2) remove the optional grains/bran with 4 slices of bread, 3) remove ½ cup cooked, raw, unprocessed bran and change to 1 oz raw unprocessed bran.

Motion failed by a vote of 9 to 28. Ruth moved and Jay seconded, to amend the Maintenance Food Plan to remove the fruit spread.

Motion ruled out of order. Ruth moved and Jeanne seconded, to remove ½ c raw, unprocessed, cooked bran and change to 1 oz raw, unprocessed cooked bran. Delegates determined that this needed to be consistent with the Forever Abstinent Food Plan; therefore, the WSO Board will make an editorial change only.

Motion carried by a vote of 31 to 0. Ruth moved and Dan seconded, to add the following paragraph: “Note. It is possible that some of the foods on this plan may create the phenomenon of craving in some of us. Thus, it is very important to work closely with a food sponsor to eliminate any such foods. **When in Doubt Leave it Out.**”

Motion failed by a vote of 11 to 18, 5 abstaining. Ruth moved and Karol seconded, eliminate the bold “In the Event of a Slip,” and replace it with “As compulsive eating is an incurable disease which is physical, emotional, and spiritual, and to which we have only a daily reprieve, it is possible that the action of increasing our food intake might trigger a ‘slip’ and/or compulsive eating binge. Should this happen, you must work with a Maintenance Sponsor and commit your food and answer questions for 30 days of back-to-back abstinence before adding any additional phases.”

Delegates left it to the discretion of the WSO Board whether or not to edit the section “In the Event of the Slip.”

Motion failed by a vote of 5 to 26, 3 abstaining. Ruth moved and Don seconded, to move the table of portions on the first page and place it before the paragraph, “In the Event of a Slip,” and to place the paragraph, “Transition to Maintenance Food Plan” as the first section.

Motion carried unanimously by a vote of 34 to 3, 1 abstaining. Holly moved and it was seconded to approve the Maintenance Food Plan as amended (adding a phrase ending with “When in Doubt, Leave it Out” and editorial changes).

Mariane H. spoke on her concerns that the needs of the minority of those members who come in Program ready to be on the maintenance food plan were not addressed. Ann S. acknowledged the need to address this matter at a later time.

ADJOURNMENT OF BUSINESS SESSION – DAY ONE

The conference adjourned at 6:05 p.m. with the Serenity Prayer.

BUSINESS SESSION - Day Two

RECONVENED BUSINESS SESSION

The Conference reconvened at 8:30 a.m.

ROLL CALL – CONFIRM CREDENTIALS

Rosemary called roll call. There were 36 delegates and 10 Board members and the President were present.

ELECTION OF WSO DIRECTORS

James L., parliamentarian, read the qualifications to serve on the WSO Board. Following the close of nominations, the following delegates were elected by secret ballot to fill three vacant positions and serve as Participating Board of Directors:

Marcia M. - Michelle T. - Karen R., Jay L will be an alternate.

ELECTION OF WSBC COMMITTEE MEMBERS

Rosemary G. read the qualifications of function of the WSBC committees.

Motion carried by a vote of 26 to 1, 4 abstaining. Eric moved and John seconded, to change the bylaws regarding the number of members on the WSBC Committees to conform with the members of the WSO Board from 5 members to 11 members.

Following the close of nominations, the following delegates were elected by acclamation to fill vacant positions and serve on the WSBC Conference Committee:

Ellen R.
Dan C.
Jay L.
Marian H.

Jeanne R.
Eric R.
Lupita B.
Ruth L

NEW BUSINESS

Rosemary asked the delegates to offer their suggestions on future sites for conventions. The WSO board will contact the fellowship when convention meetings will be held for their interest.

MEETING OF WSBC COMMITTEES

MOTIONS SUBMITTED PRIOR TO CONFERENCE

Rosemary reported that there were no motions submitted prior to conference.

URGENT NEW BUSINESS

Ted K. received six urgent new business requests by the given deadline of 3:00 p.m. today. Of the six, two were considered urgent and important and two motions were withdrawn. The other two motions were returned to implement in some other form.

Motion failed by a vote of 19 to 13, 3 abstaining. (Motion required 22 votes). Resolve that CEA-HOW conference approved meeting formats not require any specific closing prayers; rather, only these suggested closing prayers: The Lord's Prayer, Serenity Prayer, 3rd Step Prayer, 7th Step Prayer, or 11th Step Prayer.

Motion carried by a vote of 25 to 10, 3 abstaining. Resolve that the WSO require all CEA-HOW Websites and order forms from intergroups remove the food plan from their websites and WSO create a process by which qualified sponsors can purchase the food plan through their website in a form that can be e-mailed or faxed to potential sponsorees.

APPOINTMENT OF 2004-05 CONFERENCE COMMITTEE CHAIRS

Dan C., Chair of the Conference Committee, announced the following conference committee chairs:

Ellen R./Maria T, Interpretations ad hoc Committee
Ted K., Urgent New Business
Ruth L., Literature Committee
Pat H., Finance Committee
Maria D., Agenda Committee
Marian H., ad hoc Education Committee
Pat A., ad hoc Technology Committee

CLOSING COMMENTS

Rosemary G. thanked all members of the Board, conference participants, and parliamentarian for making this year's conference and convention a great success.

ADJOURNMENT OF THE 7TH ANNUAL CEA-HOW WSBC 2004

The conference adjourned at 3:10 p.m. with the Lord's Prayer.

Register of Attendance

Rosemary G., Chair	Dan C., Delegate
Pat A., President	Karol S., Delegate
Rae Z., Treasurer	Pat H., Delegate
Sandy C., Vice Chair	Jack H., Delegate
Ann S., Vice President	Ted K., Delegate
Holly S., Participating Director	Sandie K., Delegate
Cris M., Participating Director	John M., Delegate
Marcia M., Participating Director	Ofelia M., Delegate
Terrie P., Participating Director	Gloria M., Delegate
Alan C., Non-Participating Director	Bill P., Delegate
Berne P., Non-Participating Director	Ellen R., Delegate
Maria D., Minutes Recorder, Delegate	Sis T., Delegate
Barb K., Guest	Mary Q., Delegate
Carletta B., Guest	Don B., Delegate
Jeanne R., Delegate	Leona O., Delegate
Karen R., Delegate	David S., Delegate
Luretha B., Delegate	Judy R., Delegate
Norma T., Guest	Frieda W., Delegate
Jay L., Delegate	Lupita B., Delegate
Eric R., Delegate	Luz Ma C., Delegate
Maria T., Delegate	Laura L., Staff
Lois B., Delegate	Betty, Guest
Marian H., Delegate	Gela, Guest
Michele T., Delegate	Pati, Guest
Ruth L., Delegate	Lupe, Guest
John V., Delegate	Pamela K., Guest
Shellee A., Delegate	

World Services Business Conference Committee Members

WSBC Conference

Dan C.
Ellen R.
Jay L.
Jeanne R.
Eric R.
Marian H.
Ruth L.
Lupita B.

Conference Literature

Ruth L.
Luretha B.
Leona O.
Frieda W.
Jeanne R.
Don B.
Maria D.
Barbara K.
Mary Q.
James L.
Carletta B.

Agenda

Maria D.
Jay L.
Mary Q.
Maria T.
Eric R.
David S.

Finance

Pat H.
Maria T.
Jack H.
Bill P.
Judy R.
Ted K.

Urgent New Business

Ted K.
Leona O.
Sis T.
Freida W.
Judy R.
Sandie K.
Karols Suzanne E.
Barbara K.
Ruth L.

Education

Marian H.
Lois B.
Sis T.
Maria D.
Eric R.
Judy R.
Luz Ma
Sandie K.
Bill P.
Lupita B.
Ofelia M.
Gloria M.
Karol Suzanne E.

Technology

Pat A.
John (Jack) H.
John V.

Interpretation

Ellen R.
Gloria M.
Ofelia M.
Luz Ma
Lupita B.