

## Board Approved Daft on 02/01/03

COMPULSIVE EATERS ANONYMOUS – HOW  
**Minutes Of The World Service Business Conference 2002**  
**The Hanalai Hotel, San Diego, California**  
July 25- 26, 2002

1. CALL TO ORDER

Jean C. , Chair, opened the two-day Conference at 9:05 a.m. on July 25, 2002.

2. The participants were led in the Serenity Prayer. Tradition 2 read.

- a) WORKSHOP – ORGANIZATIONAL PLANNING, PHASE II. Delegate Martha S. presented a workshop on Organizational Planning, Phase II, a follow-up of last year's Organizational Planning workshop.
- b) WORKSHOP – SPONSORSHIP. A panel of board members and delegates presented a workshop on Sponsorship and following the same guidelines of the program.

BUSINESS SESSION. Jean C. called the Business Session to order at 1:30 p.m.

3. ROLL CALL AND CREDENTIALS REPORT

Jean C., took a count of conference participants as of 3:00 p.m., July 25: Board members present (7), Board member excused (1), Board member resigned (1), Voting Delegates (42), Guests (4). See list attached of Board members, conference delegates and guests.

4. APPROVAL OF STANDING RULES

By unanimous consent, the standing rules were approved as presented. The Board reviewed the Bylaws on whether to consider making last minute exceptions to seat two delegates from Leon, Mexico. After careful consideration, the Board determined that Mexico has not developed an Area process to elect their delegates. Hopefully, this year the Board will provide assistance for the development of Area 6.

5. APPROVAL OF AGENDA

By unanimous consent, the agenda was approved as amended: 1) Literature Policy, Section 10.a of the agenda.

6. REPORTS

a. CHAIR.

Jean C. presented the Chair's report. Report filed. Jean C. noted the Annual Report in the delegate's packet, and read a letter from Fred S., Co-Founder, addressing the Conference. Letter filed.

b. BOARD COMMITTEES

- i. EDUCATION. EDUCATION. Rosemary G. presented the Education Committee Report. Report filed. Rosemary stated that the most rewarding part of communication has largely been having our 'CEA-HOW Website' on the Internet. It has reached vast areas in the world to people suffering from eating disorders. Our

Website has opened the doors to the world for us to sponsor by E-mail which in it has become a huge project where many members are needed to help and give service.

- ii. EXECUTIVE COMMITTEE AND PRESIDENT’S REPORT. Karen S. presented a combined President and Executive Committee report. Report filed. The Executive Committee is chaired by the President, and meets after each Quarterly Board Meeting.
- iii. FINANCE. Jean P. presented the financial report. Report filed. The committee is in process of changing the format of its current financial reports. A projection for 2003 is being prepared.
- iv. LITERATURE. Karen S. stated that the Forever Abstinent Food Plan was published as mandated by the 2001 WSBC, and continued the development of the Abstinent Forever Booklet (Maintenance Plan), Cookbook II, and Pioneer Questions. The Committee reviewed literature to comply with the copyrights related to the Big Book. She noted that due to the publishing of the 4<sup>th</sup> edition of the Big Book, our literature would need to be reviewed to reflect the cited pages correctly. In her search for information relating to our use of the AA Grapevine Preamble in our meeting format, she was told by the AA Office in New York that they had not received our request to use their Preamble. Karen S. stated that it was up to the Conference to determine and go forward with the request to the Grapevine. Discussion continued on whether Fred S. had given permission to print the Pioneer Questions (questions based on the 3<sup>rd</sup> edition of the AA Big Book) only for this conference. Later it was confirmed with Fred S. that PERMISSION IS GRANTED TO SELL THE PIONEER QUESTIONS AT THIS YEAR’S CONVENTION ONLY.
- v. NOMINATING. Luretha B. presented a report on efforts to fill vacancies of a Participating Board Director upon the resignation of Dorothea P., and 3 current vacancies of Non-Participating Board Directors. There will be no nominations from the floor at today’s conference. From the Board of Directors applications submitted by the end of today, we will fill 4 positions left vacant by Jean C., Karen S., Jean P., and Dorothea P.
- vi. CONVENTION. Kathy D. reported on the development and planning efforts of the convention.
- c. CORPORATION PRESIDENT. Karen S. presented the President’s Report. Report filed.
- d. WSBC COMMITTEES
  - i. CONFERENCE. The Committee was not active due to various committee member resignations.

**Compulsive Eaters Anonymous – HOW**  
**DRAFT Minutes of the World Service Business Conference 2002**  
**July 25-26, 2002**  
**Page 3**

- ii. LIBERATURE. Maria D., read the Conference Literature Report. Report filed. A correction was noted in her report that the “As Bill Sees It Questions” did not have Board or Conference approval. These were approved by the Southern California Intergroup and Central Office only.
- iii. AGENDA. Marcia M. addressed the Conference agenda. The committee was not active due to breakdowns in communication.
- iv. FINANCE. Mary Pat O. reported that the committee was not active due to various committee member resignations.
- v. URGENT NEW BUSINESS. Martha S. stated that the committee was left with 2 members from its original 6 members due to resignations. She described the review process to select urgent new business for discussion and approval at today’s conference

**ADJOURNMENT OF JULY 26 BUSINESS SESSION**

The conference adjourned at 4:45 p.m. and resumed its business on July 26 at 9:00 a.m.

7. ROLL CALL. There were 40 delegates present.

**8. ELECTION OF WSO DIRECTORS.**

The Conference proceeded to fill 4 vacant positions of Participating Directors. Jean C. addressed page 11 of the Bylaws, Article 21, Section 30 on the requirements for nominating process for Board Directors. Two-director nominee required consideration for exception to the bylaws. The bylaws also specify the number of directors to be elected from each area. The Board recessed to determine a consensus on the exceptions. The Board proceeded to honor the bylaws as they are written. The Board Director Nominations of Nona A. and Wilma W. were not waived of their qualifications.

**MOTION PASSED UNANIMOUSLY..** To elect Mary Pat O. and Jeanne W. to a two-year term as Participating Board Directors.

Two vacant positions remained unfilled. . The Board will meet and elect its Chair, Vice-Chair, its President, Vice President, and Committee Chairs.

**9. ELECTION OF WSBC COMMITTEE MEMBERS**

The Conference reviewed the roles and responsibilities of the WSBC Conference Committee.

**BY SECRET BALLOT AND A MAJORITY OF VOTES THE FOLLOWING DELEGATES WERE ELECTED MEMBERS OF THE WSBC COMMITTEE:**

- 1) Zvi H.
- 2) Wilma W
- 3) Margie C
- 4) Kay R.
- 5) Nona A.

By unanimous consent, Anne S., was appointed advisor to the Conference Committee. The WSBC Conference Committee members will meet and elect a chair to be announced later.

## 10. OLD BUSINESS

### a. POLICY ON DEVELOPMENT, REVISION, AND RECISSION.

In response to a motion passed at the 2001 WSBC, Jean C. presented this policy for adoption:

#### **CEA-HOW LITERATURE DEVELOPMENT**

The World Service Business Conference acknowledges that there are many avenues for developing literature that will eventually become conference-approved.

**Original literature intended for conference review** for approval may be implemented and evaluated at the intergroup level if the intergroup's review of the literature has determined that the document is within CEA-HOW guidelines. After a 6-month period, the intergroup will reevaluate the literature and incorporate identified revisions. If the revised literature is approved by the Intergroup, the literature, accompanied by a brief report of the results of the trial period, will be forwarded to the WSBC Literature Committee for review/approval. The WSBC Literature Committee will review/revise the literature and determine when/if the document will be submitted for WSBC conference approval and implementation throughout CEA-HOW

#### **CEA=HOW LITERATURE REVISION**

Areas, intergroups, or the CEA-HOW Board of Directors may submit recommendations to the WSBC Literature Committee **for revision of existing CEA-HOW literature**. The proposed revision will accompany the recommendation, along with a statement describing the purpose of the revision. The WSBC Literature Committee will evaluate the recommendation and, if accepted, place the work on the committee's list of prioritized tasks. The revisions will be submitted for WSBC approval. Note: for purposes of this policy, a revision is defined as a change that requires more than a simple editorial change like correcting a misspelling or changing a page number in a reference. A revision involves change in the content or format of the document. Editorial changes will be referred to the CEA-HOW Board of Directors for implementation at the next printing of the document.

#### **CEA-HOW LITERATURE RECISSION**

**In instances where urgency is not an issue**, areas, intergroups, or the CEA-HOW Board of Directors may submit recommendations on the WSBC Literature Committee for recission of existing CEA-HOW literature. The proposed recission will accompany the recommendation, along with a statement describing the purpose of the recission. The WSBC Literature Committee will

evaluate the recommendation and, if accepted, provide a recommendation for the next WSBC. However, if the purpose of the recommendation for the rescission is of an urgent nature, the CEA-HOW Board of Directors may temporarily suspend further publication of the document in question, providing notification and the reason for it to areas, intergroups, and the WSBC Literature Committee. The suspension will remain in effect until the urgent nature of the action is resolved or the WSBC Literature Committee has reviewed it to either reinstate the document or recommend rescission by the WSBC.

**MOTION PASSED TO TAKE A RECESS**

Move to take 10 minutes recess to discuss the policy jointly WSBC and WSO.  
F-37, O-3.

**MOTION PASSED ON THE POLICY DEVELOPMENT, REVISION, AND RECISSION**

To accept the policy of literature development as amended and refer to the WSBC Literature Committee to review and submit to the Board for discussion and implementation procedures adding time-frame and responsibility and to be provided at the next quarterly Board meeting. F-39, O-1.

The amended document includes under Rescission that, “a statement describing the purpose for the rescission is to accompany the recommendation from the WSBC Literature Committee.”

**11. NEW BUSINESS**

**a. LITERATURE**

- 1) Abstinent Forever. Karen S. proposed for adoption the Abstinent Forever (Booklet with maintenance food plan) and to develop a tri-fold maintenance food plan to go with the book.

**AMENDED MOTION PASSED ON ABSTINENT FOREVER**

That we distribute the Abstinent Forever Food Plan to intergroups and areas for their comments to the WSOBC Literature and WSO Literature Committees.  
F-35, O-4.

- 2) Young People’s Outreach and Education Guidelines. Maria D. presented for adoption a draft document with guidelines to do outreach and education to young people.

MOTION PASSED ON YOUNG PEOPLE’S OUTREACH GUIDELINESS

Move to refer to the WSO Education Committee for further review and implementation in a timely manner, pending WSBC approval.

- 3) Bookending Pamphlet. Maria D. presented for adoption a pamphlet to assist members who are experiencing difficulties in their program and still keep their abstinence. Discussion related on issues of copyright material and that it lacked a statement on solutions.

FAILED MOTION ON BOOKENDING PAMPHLET

Move to adopt and implement this pamphlet by the WSBC. F-10, O-16.

AMENDED MOTION PASSED ON BOOKENDING PAMPHLET

Move to refer the pamphlet to the WSBC Education Committee and the WSBC Literature Committee for review and recommendation. F-25, O-1.

- 4) Some Common Traits of a Compulsive Eater. Maria D. presented a pamphlet that describes some traits of a compulsive eater discovered during the recovery process. Comments related with the inclusion of statements that identifies it as a CEA-HOW pamphlet.

FAILED MOTION ON SOME COMMON TRAITS OF A COMPULSIVE EATER PAMPHLET

Move to adopt this literature by the WSBC. F-10, O-27.

AMENDED MOTION PASSED UNANIMOUSLY ON SOME COMMON TRAITS OF A COMPULSIVE EATER PAMPHLET

Move to refer this literature to WSBC Education Committee and Board Education Committee for development of a pamphlet with parts of this pamphlet.

- 5) Mission and Vision Statement. Maria D. presented for adoption. A Mission and Vision Statement. The document had the HOW Concept as a model. Comments related to the redundancy of the language and the keeping with the Bylaws which state our purpose.

FAILED MOTION ON THE MISSION AND VISION STATEMENT DOCUMENT

Move to prove a Mission and Vision Statement by the WSBC.  
F-3, O-36

b. EDUCATION AND OUTREACH.

Maria D. presented several ideas for consideration in a document “CEA-HOW Education and Outreach Needs.”

MOTION PASSED UNANIMOUSLY RELATED TO THE “CEA-HOW EDUCATION AND OUTREACH NEEDS” DOCUMENT

That all our committees look at these ideas and consider it as we develop our strategic plan.

MOTION PASSED UNANIMOUSLY ON EDUCATION AND OUTREACH

Move to create an ad hoc Conference Committee Education Committee co-chaired by a Conference Delegate and a WSO Board member and with five other members appointed from the WSBC (delegate and Board members). This committee will evaluate the current practice of education and outreach being carried out at our areas and intergroups, and possibly compare with other 12-step programs, in order to propose a unified CEA-HOW approach to outreach and education as a whole. In addition, this Committee can propose quarterly at WSO Board meetings its written motions to implement on a trial basis or for interim approval; then bring a final report and recommendations to the 2003 WSBC.

The conference committee will review delegate and board member’s interest to serve on this committee and set the process to elect its chair. Members interested to serve on this committee area s follows: Kim, Ann, Shirley, Sandy, Lori, Able, Karen R., Karen S.

MOTION PASSED ON EDUCATION AND OUTREACH

Move to develop a strategic plan to propose for implementation of outreach and education worldwide for the fellowship and propose for implementation at the next WSBC Conference. Favor-23, Opposed-3

c. CONFERENCE COMMITTEE BUDGET. Maria D. introduced a motion and the Conference agreed to discuss, as follows:

Being that the World Service Business Conference (WSBC) acknowledges that its committees will incur expenses in the process of doing their service, the WSBC will devise a method of forecasting annual funding requirements for each WSBC committee and authorize the WSBC Finance Committee to:

- Review and approve/reject/revise the requirements
- Forward the approved requirements to the CEA-HOW Board of Directors for consideration during the annual Board budget preparation process.

MOTION PASSED ON THIS MOTION

Move to refer to the WSBC Finance Committee for their recommendation at next year's WSBC Conference.

12. MEETINGS OF WSBC COMMITTEES. A half-hour recess took place for WSBC committee discussions.

13. URGENT NEW BUSINESS.

Martha S. reported that the Urgent New Business Committee received 23 written motions. Written motions filed. Of these, 8 motions became non-issue by clarification of bylaws or withdrawn, 6 motions were referred to committee. 5 motions were resolved within the committee, and 4 motions were brought to the floor for discussion.

RESCINDED MOTION RELATED TO TIMELINESS IN PUBLISHING OF THE MINUTES

In an effort to improve WSO communications within the WSO delegation, we move that time be set aside immediately so that the WSO Board may create and confirm a conference and board minutes time line.

The Board ruled this motion out of order as the timeframe to publish the minutes were already established last year a timeframe of two weeks to be published on the web.

RESCINDED MOTION RELATED TO AMENDMENT TO BYLAWS

We move that the Bylaws be amended to state that CEA-HOW meetings will have the following (4) for items included in all their formats: 1) 12 Steps, 2) 12 Traditions, 3) CEA-HOW Concept, and 4) the 7 Tools. (Refer to page 25, Article 17, The Seven Tools) Those Seven Tools along with the 12 Steps, 12 Traditions, and CEA-HOW Concept shall be read at every CEA-HOW meeting.

The Board ruled this motion out of order. Motions related to bylaw amendments require them to be in writing 35 days prior to the WSBC conference.

AMENDED MOTION PASSED UNANIMOUSLY RELATED TO PANEL SPEAKERS

Move to submit to the WSO Education and WSBC Education Committee the issue of a panel speaker having 6 months vs. 30 days of abstinence.

MOTION PASSED UNANIMOUSLY ON DEFINING A CEA-HOW MEETING

Move to refer to the WSO Education Committee to research, define and report what a CEA-HOW meeting is.



UNANIMOUS MOTION PASSED ON CEA-HOW MEETING DEFINITION

Move to refer to the Agenda Committee for next year's conference a Bylaw amendment, with 35 day's notice, on the definition of a CEA-HOW meeting.

MOTION PASSED UNANIMOUSLY RELATED TO LITERATURE PUBLICATION

Whereas there exists pieces of literature which have been Conference-approved and Board-approved and yet still have not been published in a timely manner, we therefore move :

- 1) The WSB identify the reasons for this bottleneck.
- 2) Report to the Conference in the minutes of its next quarterly meeting the results of this inquiry.
- 3) And, implement steps to immediately rectify this problem. Moreover, we further move that:
- 4) Any literature which is submitted to the WS Literature Committee and WSB be published within 3 months of conference and WSB approval

MOTION PASSED UNANIMOUSLY RELATED TO THE FOOD PLAN

**Whereas:** A "Food Plan" is of such a critical nature to all members of CEA-HOW and **Whereas;** it is understood that the publishing of the Food Plan is the purview of the Literature Committee, and

Whereas; it is further understood that the content and structure of the Food Plan is a Tool and,

**Whereas;** all tools are incorporated in the WSO Bylaws,

**Therefore, we move** the structure and content of the Food Plan be placed in the Bylaws, and be it further amended that any changes in the structure or content of the Food Plan be amended through the existing process of amending the bylaws and issues regarding publication of the Food Plan be referred to the Literature Committee.

14. CLOSING COMMENTS. Jean C. acknowledged the WSBC and departing Board members. She asked that comments be made to the WSO Board on recommendations for the planning of next year's WSBC Conference.
15. ADJOURNMENT. The Conference adjourned at 4:48 p.m.

Maria D., Secretary