

Compulsive Eaters Anonymous, Inc.

THIRD ANNUAL WORLD SERVICE CONFERENCE  
Las Vegas, Nevada  
June 9, 2000

Minutes

Board Approved Draft

**1. Roll Call**

Board Members Present: John D. Fred S. Rae Z. Margee C. David M.  
Howard G. Pamela J. David F. Norma T. Pat A.

**2. Call to Order**

The Third Annual World Service Conference 2000 was convened with the Serenity Prayer by John D., Chair of the Board, at 9:15 a.m.

**3. Introduction**

John D., Chair of the Board, welcomed the 31 delegates to the Third Annual World Service Conference of CEA-HOW. He asked that the three Non-Participating Directors, five Participating Directors, and two Co-Founders (Fred S. and Rae Z.) step aside to go over the delegates qualifications to consider any waivers in requirements of abstinence, service, time in program, etc. for the delegates present at the conference.

**4. Approval of Minutes**

John D., Chair of the Board, called for a motion to adopt the agenda with additions and to approve the minutes of the June 4, 1999 General Service Conference. A motion was made, seconded, and carried to approved the amended agenda and the minutes as presented.

**5. Officers Reports**

a. Chair of the Board

John D., Chair of the Board, spoke of his main goal that this program be available to those suffering. However, much time was spent on finances to establish the World Service Office (WSO). Much of this work has been accomplished with member donations and volunteer labor. John D. thanked the many members who have helped and been instrumental in directing the

many needs of this organization. He made special note of gratitude to Norma T. for organizing this year's convention. New literature has become available for our members to continue to work their program or recovery.

b. Co-Founders Reports

Rae Z., Co-Founder and Board Member read her report for 1999-2000. (Report available upon request)

Fred S., Co-Founder and Board Member, read his report for 1999-2000. (Report available upon request)

c. President's Report

Fred S., President, spoke of the amount of work involved in maintaining the World Service Office. This year's Board lost three board members, one from New York and two from California. He thanked all members of the Board for their assistance and support in finding space for the World Service Office in Long Beach, CA, as well as finding office personnel. He also thanked the Board for helping to organize this year's World Service Conference and Convention in Las Vegas Nevada. Fred S. encouraged all intergroups to participate in World Service activities, and one way of doing it is by hosting the annual World Service Conference and Convention.

The website ([www.ceahow.org](http://www.ceahow.org)) has been very instrumental in letting others know that we exist. There were some problems in getting the accounting books established because of the turn-over of bookkeepers that caused some delays. Cherie D. and Pat A. are now working to manage the World Service Office, Fred S. is confident that these issues have been resolved. The SAFE Workbook and FAME meeting formats have been edited and approved by the Board. Fred S. thanked the intergroups that have held fundraisers and have sent a percentage of the proceeds to the World Service Office. He continues his effort to protect the copyrights of the CEA-HOW Concept.

d. Executive Director's Report

Pat A., Executive Director, read her report for 1999-2000. (Report available upon request)

e. Treasurer's Report

Pamela J., Board Director, stated that currently we have no treasurer as the last treasurer resigned. The financial reports presented to the delegates are current as of May 31, 2000.

According to our bylaws, the fiscal year will end on June 30<sup>th</sup>, thus the final figures will be presented to the World Service Board at the July 2000 meeting. A money market account was set up to hold area funds. It has been difficult to establish the accounting system and procedure because two bookkeepers resigned; however, a new accounting system using Quickbooks has been installed and the data is being transferred to the new system. Tax return documents have been filed and are on target to be filed this year. The inventory work is in progress to be completed by June 30<sup>th</sup>. The convention has collected approximately \$12,000 with most of the convention expenses paid for. Cherie D., Bookkeeper, stated that the checking account and money market accounts have been verified and a final financial report will be sent to each delegate by July 2000. She assured the delegates that all accounts, including website sales, will be categorized according to bookkeeping principles, including the principle of keeping a prudent reserve.

## 6. Board Committee Chair's Reports

### a. Board Executive Committee Report

Howard G. explained how the management of the checkbook has been established. Each check requires three signatures. Howard G. writes the check and immediately sends to other for verification. Cherie D. reconciles the bank statements. He further stated that, although our finances are critical, with the ongoing contributions from the fellowship we are solvent.

### b. Board Literature Committee Report

Pamela J. reported that the Board Literature Committee reviewed the Forever Abstinent Food Plan which costs more than expected to print. The Committee also reviewed the SAFE Workbook and FAME Meeting Formats. Fred S. explained the contents of each of these formats and the food plan. Some delegates have seen the formats and feel they are helpful in the recovery of compulsive eaters. However, the cost of the Food Plan was very much a concern of the delegates. The Food Plan costs \$2.19 each to print to be sold by intergroups at \$2.75 each. Some delegates suggested that the Food Plan have a companion pocket size version of the food plan. The cost of the booklet to print could be reduced to \$1.50. There was discussion on who owns the HOW literature, and whether it is copyrighted to CEA-HOW or to Fred S. This question was not fully answered.

Maria D., Delegate from Area 1, spoke of the Young People Sponsor Guidelines which were recommended for World Service approval at the Area 1 Assembly on April 1, 2000. Copies of this literature were made available for those delegates who had not seen the final version.

c. Conference Committee Chairs' Report

Karen S., Conference Chair, received fourteen bylaws amendments from Area 1. She asked that these be prioritized and resubmitted. The proposed bylaws amendment submitted by the Seattle Intergroup was accepted for consideration to the World Service Conference.

**7. Old Business**

a. Consideration of New Literature

John D., Chair of the Board, asked the delegates to consider for approval the literature presented today: The Forever Abstinent Food Plan, the Saving Abstinence For Everyone (SAFE) Workbook and FAME Meeting Formats, and the Young People Sponsors Guidelines. A motion was made and seconded: To approve these literature items all in one motion. Discussion followed. A motion was made and seconded to close discussion. This motion required a 2/3 vote from 41 eligible votes. The motion to close debate passed. Favor-29, Opposed-12. The motion to approve all literature as presented failed. Favor-18, Opposed-19, Abstained-4

A series of motions followed for each literature item presented. A motion was made and seconded: To approve the Young People Sponsor Guidelines. Discussion followed. The motion passed unanimously.

A motion was made and seconded: To approve the SAFE and FAME Meeting Formats and Workbooks. Discussion followed on whether these followed CEA-HOW guidelines and the structure of the meetings. An amended motion was made, seconded, and accepted: To approve the SAFE and FAME Meeting Formats, subject to review by the Board Literature Committee to be sure that the formats are in line with CEA-HOW guidelines. Discussion followed. The amended motion passed. Favor-27, Opposed-11, Abstained-3

A motion was made and seconded: To approve the Forever Abstinent Food Plan. Discussion followed on how this booklet brought the East and West region food plans of CEA-HOW in one. The cost of the booklet and the need to have a companion, pocket-size version of the food plan were discussed. An amended motion was made, seconded, and accepted: To approve the Forever Abstinent Food Plan, with a smaller version of the food plan in laminated card-size form, and to make it more affordable for people. Discussion followed on the different ways that this motion can be implemented, and how the name Forever Abstinent Food Plan could confuse

others with the title of the FAME Meeting Format. The amended motion passed. Favor-22, Opposed-15, Abstained-4

## 8. New Business

### a. Establishing Conflict of Interest Rules

Deferred to the World Service Board of 2000-2001. Motion withdrawn prior to discussion.

### b. Business Practices of Intergroups

Discussion referred to the World Service Board of 2000-2001

### c. Election of New Board Members

John D., Chair of the Board, called for nominations to fill five vacant positions of the Board. Pamela J. read the bylaws section stating the qualifications to serve on the Board (pages 35). Howard G. gave an interpretation of the bylaws that the qualifications to serve as delegates are the same for Board members. The Chair ruled that Howard G.'s interpretation would be followed: A delegate would automatically qualify as a Board member even though not meeting the qualifications stated in the bylaws. A motion was made and seconded: To appeal the decision of the Chair to follow Howard G.'s interpretation of the bylaws. Discussion followed, and a member called the question which required a 2/3 vote. The motion to over-rule the Chair and follow the higher standards of the bylaws, Article 4, Section 18 (page 8), was carried. Favor-33, Opposed-7

Nominations from the floor followed. The following nominated and accepted: Rosemary G. (A5), Jean C. (A1), Dorothea P. (A3), Karen S. (A4), Bill S. (A1), Lois B. (A1) - Jean P. (A2). The following were nominated and declined: Blossom R. (A1), Maria D. (A1), Don B. (A1), Lueretha B. (A2), motion to close. Favor-38, Opposed 3

The secret Ballots counted by David F., David M., and Howard G. The following delegates were elected as Board Participating Directors: Karen S. (2 years), Jean C. (2 Years), Dorothea P. (2 Years), Jean P. (2 Years), Lois B. (1 Year).

### d. Election of New World Service Conference Committee Members

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Nominations from the floor were made to elect committee chairs for the 2001 World Service Conference. The following delegates were nominated and accepted: Jean W. (A1), Anne S. (A1), Rosemary G. (A5), Vicky H. (A1), Marci G. (A1), Ruth L. (A1), Linda K. (A1). The following delegates were nominated and declined: Blossom R. (A1), Bill S. (A1), Judy R. (A1), James L. (A1), Julie E. (A3), Kay R. (A1), Pat J. (A3). Delegates were asked to write five names of the nominated delegates to serve on the World Service Conference Committee. Secret ballots were counted by David F., David M., and Howard G. The following delegates were elected to the WS Conference Committee: Jean W.(A1) , Marci G. (A5), Anne S. (A1), Linda K. (A1), Ruth L. (A1).

### e. Recommendation to the Board to Revise Membership Language in By-Laws

John D., Chair of the Board, introduced a proposed motion dated 5/18/00 and revised after submission to the Southern California Intergroup of CEA-HOW on 5/24/00.

"We the 2000 World Service Business Conference of Compulsive Eaters Anonymous HOW, resolve the following: an ad hoc bylaws review committee known as bylaws review committee shall be formed of interested area delegates and directors to review the original and existing bylaws and amendments and to draft any proposed amendments deemed appropriate by the committee.

"The ad hoc committee shall elect a chair who will present a status report at each WSO board meeting until the review is completed; at which time the committee shall submit findings, recommendations, and proposed amendments for consideration and approval according to the following guideline.

"The findings, recommendations, and proposed amendments shall be submitted to the WSO Board of Directors, who shall forward them to all area delegates for consideration by all registered CEA-HOW meetings.

"Each delegate shall report in writing within 90 days, the results of the fellowship review to the WSO Board of Directors.

"All Findings, recommendations, and proposed amendments shall be recommended for adoption by the WSO Board of Directors if approved by 2/3 of the area delegates.

"Pending the fellowship's approval, the WSO Board of Directors shall, unless mandated by law,

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refrain from approving any further amendments or implementing any prior amendments to the original bylaws.

"In addition, the Board of Directors will refrain from adopting any new literature until such time as a literature adoption policy has been drafted and adopted by the General Service Business Conference."

Discussion followed. The motion passed unanimously.

f. Recommendations to the Board to Revise Various By-Laws

Discussion referred to the World Service Board.

**9. Urgent New Business**

Karen S., Committee Chair, reported that the Urgent New Business Committee met and agreed to introduce the following motion: Move that a clearly identified draft of the annual World Service Conference Meeting minutes and the quarterly Board of Directors Meeting minutes be posted on the CEA-HOW website within two weeks after each meeting has concluded. Discussion followed. The motion passed unanimously; the Non-Participating Directors were not present for the vote.

**10. Adjournment**

The World Service Conference adjourned with the Serenity Prayer at 5:10 p.m. Respectfully submitted by Maria D.

/md