

COMPULSIVE EATERS ANONYMOUS –HOW
Minutes of
World Service Business Conference
Los Angeles, California
July 25-26, 2013

Call to Order

Coletta W., Chair, called the meeting to order at 8:38 a.m. PDT with the Third Step Prayer, Tradition Two and introduction of the Board.

Board members present: **Coletta W., Coco C., David M., Jim C., Jim E., Jose F., Lorraine S., Marybeth M., Shannon H. and Jim C.**

Corporate Officers present: **Pamela K., Woody N., and Irish C.**

Rureth Muñiz was introduced as our Accounting Manager.

Conference Support Committee: Senia B., Karen S. and Cristina M. served the Conference as volunteers to assist the voting delegates.

Translator: Maria D. served as translator to WSBC.

DAY ONE—BUSINESS SESSIONS #1 and #2

Roll Call

There were 42 voting members present. See Register of Attendance. The Quorum is 28 for voting purposes. Jim Whipple served as Parliamentarian.

Forum: “How Do We Keep CEA-HOW Strong and Growing?” was presented by Marybeth M., Lorraine S., Jim C., Jim E., Margie B., John McK., Woody N., Roberta S., and Pamela K. Key points presented were:

- A. Start new face-to-face meetings—Presenters shared experience, strength and hope on how to do this as well as how to use the website to register meetings.
- B. Keep existing meetings strong—Following the Traditions will strengthen meetings. Take group inventories and have “Yes” sessions where just positive ideas are presented.
- C. Encourage service at all levels—Every person can do service; many positions do not have abstinence requirements. Giving service helps people feel included. There are positions that can be added by a particular meeting (Example: “Speaker Seeker). Sponsors need to make sure sponsees are participating in service at all meetings they attend—both Phone Bridge and Face-to-Face.
- D. Meetings and Service—Make sure the meeting location is set up, attractive and there are greeters to welcome newcomers

E. Integrating Phone Bridge and face-to-face meetings—This is a “we” organization.

Ideas shared at the Forum from the Delegates on How to Strengthen CEA-HOW:

1. Have retreats and workshops
2. End regular meetings a little early to hold a business meeting to encourage participation.
3. Build communities—get together outside of meetings for fellowship to strengthen community and build energy.
4. Ask leaders and others to commit to call newcomers.
5. Hold a clothing exchange.
6. Educate people in a gentle and loving way concerning Tradition violations.
7. Have a “Missing Persons” list and contact those on the list and invite people back.
8. Delegates visit all the meetings in their Area to share WSBC actions and discussions
9. Hold “Saturday Night Socials”—These are for both socialization and also for fund-raising.
10. Utilize www.ceahowhearitnow.com and put information out in various locations.
11. Hold business meetings and sponsorship workshops. Acquire resources in both English and Spanish to make sure there is singleness of purpose.
12. Keep negative topics outside of meetings.
13. Involving many people in the planning of workshops and retreats increases “ownership” in the event and encourages people to want to be there.

Information from the Forum will be distributed electronically to all Delegates, Areas and Intergroups following the Conference.

Approval of Standing Rules

The Standing Rules were approved unanimously as submitted.

Approval of Agenda

An amendment was made to change the Agenda to have lunch from 12:00 to 1:15 each day with Committees to meet from 1:15-2:00 daily. Amendment was approved. The agenda was approved as amended.

Approval of 2012 WSBC Minutes

The minutes were approved as presented.

Reports

Coletta W., Board Chair, and Pamela K., Corporate President, presented their reports to the Conference. (See attached)

Board Committee reports were presented: (See attached)

Finance: David M., Treasurer, reported for the Board Finance Committee and Conference Finance Committee. A suggestion came that a quarterly email be sent out to groups and service bodies to let them know what the monies are being used for. A question was raised concerning Area Assistance. No Areas requested financial assistance this year. It was suggested to add more specificity concerning this to the timeline next year. Question was raised concerning where funds are being used that are sent in. Delegates were invited to be a part of the Finance Committee. It was noted that earmarking funds can cause a budgeting problem.

Ad Hoc Teen Conference Committee Liaison: Lorraine S. reported for the committee. Every state has different rules and regulations concerning working with teens. Research will continue but legal aspects must be regarded.

Spanish Translation Committee Liaison: Woody N. presented for this Board committee. Many pamphlets and sets of questions and Board correspondence were translated by the committee this past year. Five or six projects are already lined up for this year. Volunteers fluent in both reading and writing in English/Spanish are needed to serve on this committee. Interested parties may contact WSO and be put in contact with Maria D., head of the committee.

The Business Session adjourned for lunch and reconvened with the following committees meeting until 2:00 P.M.: Literature, Finance, Public Information, Sponsorship, Education, and Website. Conference committees will elect their Chairs, who will provide all Committee contact information to the Board Secretary and also set up their next meeting to begin committee work for the year.

Parliamentarian Information

Jim Whipple, Parliamentarian, presented information on parliamentary procedure for the delegates. Short sessions on matters of procedure along with Q & As were given in fifteen-minute segments following each break and at the start of each session of Conference.

New Business

Policy Motions Submitted Prior to Conference

- 1. Policy Motion #1-2013—Motion submitted by the *Ad Hoc* Reflections Book Committee: To suspend the *Ad Hoc* Reflections Book Committee until submissions reach a minimum of 1,000. The Website Committee will monitor the number of submissions received and notify the Literature Committee the number of submissions received to date at least twice a year. When a minimum of 1,000 submissions have been received, the Website Committee will download and provide the submissions to the Literature Committee for review, retention, and use. Upon receipt the Literature Committee can then determine how to use the submissions—propose that a new *Ad Hoc* Reflections Book Committee be established to finalize the Reflections Book for**

publication, and/or use the submissions in other ways or publications as suggested by the Fellowship.

Approved 40 Opposed 0. Motion passed.

2. Policy Motion #2-2013—Motion submitted by Suzanne E., on behalf of Area 10: That the 2013 World Service Business Conference create a Special Needs *Ad Hoc* Committee to research ways that our program can be improved for those with special needs and accessibility issues. The Committee would provide their recommendations to WSBC 2014, including:

1. The scope of research with which the Committee is charged: Have our literature available in Braille; have our meetings and/or events available in a CD or other audible version; provide symbols on any literature about meeting locations that say which meetings are wheelchair accessible; make sure the CEA-HOW website stays accessible to those with special needs (since Java and Flash sometimes do not interact well with software programs that serve the special needs community)
2. The specific proposed improvements
3. The cost estimates of the enhancements being recommended
4. The Special Needs *Ad Hoc* Committee will make recommendations to WSBC 2014.
5. The Committee should have at least three members. Approved 39 Opposed 0 Motion passed.

The members of the committee will be Suzanne E., Richard L, and Jan D.

3. Policy Motion #3—2013 —Motion submitted by the Literature Committee: An *Ad Hoc* CEA-HOW Inventory Conference Committee be formed and made up of members from the 2013-2014 Education, Sponsorship, and Literature Conference Committees to further review the 4th Step Column Inventory attached hereto. After review, the *Ad Hoc* CEA-HOW Inventory Conference Committee will bring its results back to World Service Business Conference 2014 in Policy Motion format. The *Ad Hoc* CEA-HOW Inventory Conference Committee will be made up of 1-2 volunteers from each of the named Committees. Approved 34 Opposed 6 Motion passed

Members of this *Ad Hoc* Committee will be: From the Education Committee—Ofelia M., Janann Y., Gina C. From the Sponsorship Committee—Jill T., Eric S. From the Literature Committee—James L., Mindy B.

4. Policy Motion #4—2013—Motion submitted by the Literature Committee: Motion: Publish three booklets of questions based on the personal stories found in the 4th Edition of the Big Book. The first booklet will be based on the stories in Part I of the 4th Edition, 2nd booklet will be based on the Part II

stories, and the 3rd booklet will be based on the stories found in Part III. The three new publications will be similarly titled as follows:

Questions Based on AA 4th Edition Personal Stories, Part 1
Questions Based on AA 4th Edition Personal Stories, Part II
Questions Based on AA 4th Edition Personal Stories, Part III

Approved: 37 Opposed: 1 Motion passed.

[NOTE: There was discussion regarding an editorial title change to accommodate Spanish translation, i.e., use the acronym CEA-HOW rather than CCA-HOW. Also, the topic of electronic literature was introduced and this is something that is being investigated.]

Business Session 2 adjourned at 3:20 p.m. PDT

DAY TWO--BUSINESS SESSIONS #3 AND #4

The Conference reconvened at 8:38 a.m. PDT with the Third Step Prayer.

The Parliamentarian presented a parliamentary procedure session.

Reports from the 2012-2013 Committees: (see attached reports)

- a. Conference Committee**— This Committee's primary task is assignment of Delegates to Conference Committees for the coming year. Weight is given to Delegates' preferences based upon their completed Conference Committee Selection forms; however, the Conference Committee must ensure all Conference Committees are populated.
- b. Agenda Committee:** 13 motions were received this year. Motions are reviewed and may be returned to the proposers for clarification and resubmittal. There were five final Policy motions and one Bylaws motion on the WSBC Agenda.
- c. Literature:** The Literature Committee was very productive. Many pieces of literature were reviewed and several items were submitted for Conference approval and publication.
- d. Public Information:** The Committee developed and produced a "Help Share the Message" Flyer for posting on the website to gather ideas from Areas and Intergroups and also developed and will present a workshop at the 2013 Global Convention to cover the best practices for participating in a Health Fair in an effort to carry the message.
- e. Sponsorship:** A set of questions was developed based on the new book *Sponsoring In Compulsive Eaters Anonymous—HOW*. The possibility of having Sponsorship Workshops at future conventions and on the Phone Bridge will continue to be explored.
- f. Education:** A set of basic guidelines for a CEA-HOW workshop was developed with examples posted on the CEA-HOW Website.

g. Website: The Committee was very active throughout the year. It updated content to the website and added and developed more features including *Just Ask, News You Can Use*, and other resources to the Public Information page.

POLICY MOTIONS CONTINUED:

5. Policy Motion #5-2013: Motion submitted by the Sponsorship Committee: Publish a booklet titled *Broaden Your Experience of Sponsoring*, featuring the attached questions created by the Sponsorship Committee. This booklet is to be used as a companion and supplement to the book *Sponsoring in Compulsive Eaters Anonymous-HOW*. The booklet will be made available to the fellowship as CEA-HOW conference approved literature. Approved: 40 Opposed: 0 Motion passed.

6. Bylaws Motion #6—2013 Motion submitted by Area 1: Bylaw Part C. Organizational procedures; Article 19 CEA-HOW Groups, Section 5, Operations, Subsection d), which currently states:

“d) Any surplus revenues collected by the group shall be distributed as follows 50% to the Intergroup 50% to the Intergroup, 30% to the World Service Office, and 20% to the Area Assemblies. Should the Group request the Intergroup forward their World Service and Area Assembly contributions, the Intergroup will forward the entire 30% for World Service Office, to WSO, and the entire 20% for the Area Assembly, to the Area Assembly. No deductions from those monies shall be made by the Intergroup to cover intergroup fees, expenses or prudent reserve, nor shall the Intergroup delay forwarding these funds for an extended period of time.”

be revised to state:

d) Any surplus revenues collected by the group shall be distributed as follows: 55% to the Intergroup, 35% to the World Service Office, and 10% to the Area Assemblies. Should the group request the Intergroup forward their World Service and Area Assembly contributions, the Intergroup will forward the entire 35% for World Service Office, to WSO, and the entire 10% for the Area Assembly, to the Area Assembly. No deductions from those monies shall be made by the Intergroup to cover intergroup fees, expenses or prudent reserve, nor shall the Intergroup delay forwarding these funds for an extended period of time.

After discussion it was moved to table this motion until the afternoon session. Approved: 41 Opposed: 0 Motion passed.

When reconvened, a vote was taken, Approved: 4 Opposed: 38 Motion failed.

The session was then adjourned for Committee work until 11:30 a.m. Committees which did not meet on Thursday met; some Committees that met on Thursday met again.

The session reconvened at 11:38 a.m.

Board member Rae Z. joined the Conference.

Co-Founder's Greeting: Rae Z, Co-Founder, addressed the Conference.

The session adjourned at 11:52 a.m. for lunch.

The Business Session reconvened at 1:37 p.m. with a parliamentary procedure session.

Election of WSBC Conference Committee: The following people were nominated for the Committee: Jan D., Barbara B., Judy K., Carolyn P., and Robert M. A motion was made to elect these people. Approved: 39 Opposed: 0 **The nominees were elected and shall serve.**

URGENT NEW BUSINESS:

The following motion is proposed by the *Ad Hoc* Teen Committee for consideration at the World Service Conference 2013 and submitted by the Urgent New Business Committee 2013 WSBC.

Title: *Ad Hoc* Teen Program

Proposal: The *Ad Hoc* Teen Committee has run its two-year term. Due to recent revival of interest and some participation of teens with parents interested in continuing, it is recommended to continue research in this area.

Motion: Extend the *Ad Hoc* Teen Program Committee to review current laws and requirements as used in other 12-Step Fellowships and submit their recommendation to the World Service Business Conference 2015.

Approved: 38 Opposed: 2 Motion passed.

Election of the WSO Board of Directors:

Four seats on the Board were up for election for two-year terms: Nominees were: David M., Jose F., Liane S., Julianne H., Robert M., Jim E., and Linda D.

Those elected were: David M., Jim E., Liane S., and Robert M. All nominees were thanked for their willingness to serve.

Remaining on the Board were Directors: Rae Z., Co-Founder, Shannon H., Lorraine S., Coco C., Marybeth M., and Jim C. Returning Corporate Officers: Pamela K, Woody N., and Irish C.

The Directors, Officers, and Delegates qualified.

Coletta W., outgoing Director and Chair, addressed the delegates and expressed thanks for being able to give service.

Open Forum for Delegates:

A question was asked about the Area 6 DVD. That is still under development.

The Chair and the Board were thanked for their service.

It was shared that this has been an exciting and enriching experience. There is a rich diversity in the room and members are exemplifying the Traditions.

The presentation of The Forum on making CEA-HOW stronger was commended.

The Delegates were reminded that the Finance Committee is available for questions from the members of the Fellowship.

It was shared that this has been a phenomenal experience. The Delegates need to take all the information back and share with all the meetings. It is up to the Delegates to let others know all the information garnered during this Conference.

The Delegates have been asked to go back and ask members about people with legal experience to help with the Teen program.

It was shared that even though a member might look different, they are still a part of.

It was asked to go back and ask for more help with ideas for the Teen program and also ideas for Public Information.

It was noted that we are not “supporting WSO,” but rather supporting the Fellowship.

We need members to help with Spanish translation, and also those with ideas for electronic literature.

Names can be added to the website to be an outreach or point of contact for different situations for both English and Spanish.

Contributions still need to be submitted for the Meditation Book.

A picture was taken of those in the room for use for an Intergroup only in Area 6. This will not be published.

Closing remarks: Board members and delegates and service helpers were thanked for their service.

Adjournment:

The 2013 World Service Business Conference adjourned at 3:45 p.m. PDT
Minutes submitted by
Irish C., Secretary

2013-2014 WSBC Committees: (Bold print indicates Chair of committee)

Conference: Jan D., Judy K., Barbara B., Carolyn P.

Agenda: Janann Y., Robert M., (Vice-Chair) Joan S., (Secretary) Kelly L.

Finance: Carolyn P, Nancy E., (Secretary) Roberta S.

Literature: Linda D., Jan D., (Vice-Chair) Joann S., (Secretary) Julianne H., James L., Mindy B. Susana F., Maricela H., and Jose F.

Urgent New Business: James L, Jill T., (Vice-Chair) Robert M., Judy K., Gina C., Nancy E.

Public Information: Lola G., Barbara B., (Secretary) Kelly L., Suzanne K., Richard L., Carolyn P., Leona O.J.

Education: Joan D., Gina C., Janann Y., Ofelia M., Lupita M., Stephanie G., Lori R.

Sponsorship: Judy K., Jill T. (Secretary) Liane S., Rebecca S., Eric S., Lupita B.C., Maria D. (translator for Lupita B.C.)

Policy Manual: Mindy B., Judy K.

Website Committee: Margie B., Roberta S., Pamela K. (WSO liaison), Edie G., Janice H-E, Nancy Mangs (Webmaster)

Ad Hoc Teen Committee: Stephanie G., Lola G., Suzanne K., Barbara B., Leona O.J.

Ad Hoc CEA-HOW 4th Step Inventory: James L., Eric S, Ofelia M., Gina C., Jill T., Janann Y., Mindy B., Linda D.

Ad Hoc Special Needs: Suzanne E., Jan D., (Secretary) Richard L., Edie G.

REGISTER OF ATTENDANCE 2013

Coletta W.

Jim C.

Jim E.

Irish C.

Jose F.

Coco C.

Lorraine S.

Shannon H.

**Pamela K.
Marybeth M.
David M.
Woody N.
Barbara B.
Carolyn P.
Eric S.
Edie G.
Gina C.
James L.
Jan D.
Janann Y.
Jill T.
Joan D.
Joann S.
Judy K.
Julianne H.
Kelly L.
Leona O.-J.
Liane S.
Linda D.
Lola G.
Lori R.
Lupita M.
Lupita B.
Margie B.
Maricela H.
Mindy B.
Nancy E.
Ofelia M.
Rebecca S.
Richard L.
Robert M.
Roberta S
Stephanie G.
Susana F.
Suzanne E.
Suzanne K.**