

COMPULSIVE EATERS ANONYMOUS—H.O.W.
Board of Directors' Quarterly Meeting
April 28, 2007, 7:00 a.m. PST
Via Teleconference

CALL TO ORDER

The Chair called the meeting to order at 7:06 PST

SERENITY PRAYER AND TRADITION 2

ROLL CALL

Present: Pamela, Woody, Ruth, Lois, Coco, Irish, John, Rae, Bill
The Chair declared a quorum present and the meeting proceeded.

APPROVAL OF AGENDA

The agenda was approved with these changes:

- a. Item 2 should have read Serenity Prayer and Tradition 2 instead of Tradition 1.
- b. Added to New Business: Item g. Verification of nonprofit status to groups.
- c. Added to New Business: Item h. Request from an IG for a letter from WSO to open a P.O. Box.
- d. Added to WSBC 2007: Under item a. add ii. Bilingual headsets. This addition will move the already listed items and make them items iii. and iv. respectively.

APPROVAL OF BOARD MINUTES

The minutes from the Board of Directors' Meeting of January 27, 2007 were approved.

FINANCIAL REPORT

Bill went over the Financial Report. Woody commented on p. 10 of 10 on the Financial Report. There is a summary by quarters. 75% is where we need to be. Right now the relatively healthy state we're in now can be attributed the \$5000 contribution we received this spring. Our Spanish Literature sales are very healthy. Our shipping income is good. The purchase of literature is low and perhaps that is because our stock was high. The check ordering charges are high. **Woody will check to see if we can go through check ordering services rather than the bank. She will also check into our insurance and utilities.** The report is attached and incorporated herein.

PRESIDENT'S REPORT

Woody presented the report, which is attached and incorporated herein. Under Office Utility Charges, we will have to pay a \$267.75 penalty rather than \$127 to change the phone service and internet service as notes in the report.

CHAIR COMMENTS

There have been three Chairs since last July. Hopefully next year there will be one Chair for the year and that will help with continuity of projects. Thanks were extended again to both Shellee and Eric as former Chairs for their service.

OLD BUSINESS

A. Development of Area 6

Maria de la Cruz joined for this section. It was suggested that a committee be formed to help develop Area Six. This committee would help to educate the local meetings in Mexico on how to form an IG and the advantages one gets from this. It was felt that having a Board member present when traveling would be helpful and give weight and importance to this project.

1. **A motion was made to form the Area 6 Development Committee. The Committee would include Board members, members of Area 6 and Area 1. Motion passed unanimously.** Coco and Maria de la Cruz will be co-chairs of the committee, which will have no fewer than five and no greater than seven members, although others can be appointed to special roles. Woody and Rae will also serve on the committee.
2. **A motion was made that WSO make a one-time initial contribution of \$1000 as a budget for this committee. Motion passed.** The committee chair will make a request of the Executive Committee for specific amounts from the budget and then the Executive Committee will review the request and then send out the amount. Receipts will need to be sent in for all expenses. Future funding will come from having Area Six retain ½ of their 7th Tradition contributions to be matched 100% by World Service.

Area Six has collections and clusters of meetings geographically and it would be good to encourage these clusters to form IGs. This would help to serve as a model for future development of Areas.

It was proposed that the 2009 WSBC be held in Leon, Mexico. A proposal will be made at WSBC on this with a 15-minute presentation to the delegates. **Coco will get information on hotel, air travel, and expenses and present this to the Business Conference and to the Convention Planning Committee.** People who have attended events in Leon in the past will share their experience in doing this.

B. Copyrighting and translating our Literature

None of our literature is really copyrighted. Just our name has been copyrighted. **Pamela will contact three attorneys in the Fellowship about spearheading a Copyright Committee and ask them if they would be willing to do service in this respect.** They will then contact Woody and get information to begin.

C. Quarterly/Semi-annual appeal for contribution

A letter was to have gone out in February to the Fellowship and it did not happen as the Chair position was in flux. **The next one is slated to go out in June and Pamela will make sure it is written and approved by the Executive Committee.** Lois suggested creating a theme of gratitude to pump it up.

D. Cassette sales and CD sales/review

This was discussed at the last meeting. No cassettes have been sold and this will be dropped from discussion as there does not appear to be a market for cassette sales.

E. Status of As Bill Sees It Questions

The San Fernando IG has been selling their set of questions 51-100 as local literature. **Ruth has their set and a set of 51-100 developed by the Phone Bridge IG and they will be given to the Literature Committee for further direction.**

F. Mentor Program for New Directors

The Mentor Program for new Directors and a leadership development proposal was discussed. **Irish, John, Lois and Coco will correspond by email and give input on what they wish they would have know. Lois will spearhead this.**

G. Public Information Page

Woody reported on this and it is being developed.

COMMITTEE REPORTS

A. Convention Committee

A Convention Committee report from Ann S. was sent out to Pamela. Other Board members did not receive this and Pamela will send it out. Lois will coordinate the Silent Auction items with Steve P. There was a request from Ruth to stress to the delegates the importance of why they are at Conference so they don't leave the business sessions to attend Convention activities.

B. Education Committee

Lois, Committee Chair, reported on this. Marian in NY is working diligently on a PI kit but there has been a problem with downloading the materials and they are working on it to make it more user-friendly. A Sponsorship manual/kit is being developed by Ann S. Lois has been doing a workshop on sponsorship and presented it in Downey and Rae is taking it to Chicago next week and Lois and Ann are trying to coordinate their efforts. The thrust is to be unity and not duplicate efforts. They will also get help from Literature Committee. **Marion and Lois need to present these items to the Literature Committee which will report on them at the 2007 WSBC. Pamela will email them and see what their intentions are.** Information might just be put into reports.

C. Finance Committee

This was covered in an earlier report.

D. Literature

Ruth, Committee Chair, presented this report. There was discussion again about the possibility of both tradition and service sponsors. A definition of both of these would need to be developed and the Sponsor Guidelines would need to be revised.

E. Nominating Committee

A motion was made that we extend an invitation to Jason, the former parliamentarian, to be a non-participating member of the Board, to start officially at the first meeting following the 2007 Conference. Motion carried. Ruth, Committee Chair, will contact him.

F. Agenda Committee

There was no Agenda Committee report since Agenda items were submitted directly to WSO.

NEW BUSINESS

A. Identify the Phone Bridge Intergroup/Meetings as a new Area.

Ruth and Irish will research other Fellowships and how they are handling this concept and report their findings at the next meeting.

B. Correction to the Forever Abstinent booklet in regards to unauthorized deletion.

This item is concerned with weighing and measuring in restaurants, and Pamela presented background on this. Rae asked about putting the sentence back in, stressing the intent and the spirit of abstinence. **A motion was made to add an item to the agenda of the WSBC that we reinstate the two sentences on p. 12. of the Forever Abstinent booklet under the third bullet as follows:**

“Most CEA-HOW members continue weighing and measuring in restaurants. Although this *is not a must*, it is a successful method of preventing undereating (therefore, dieting!) as well as overeating.” Motion passed.

C. Literature Housekeeping

Irish will contact Nancy, the webmaster, about updating the website so that the wording of the Traditions is consistent with the AA 12 and 12. Corrects to the wording of the Traditions will also be updated in the Forever Abstinent booklet with its next printing. Irish will also contact Nancy about taking off the link that takes members to WSBC information from 2002.

D. Office Manager Position

A new office manager is needed and will hopefully be hired and be in place prior to Conference. Two resumes have been received so far with another person interested. Pamela and Bill will interview them and then the matter will be referred to the Executive Committee.

E. New Business Policies

i. Permission to copy literature (excluding support literature documents) will not be granted for domestic or international groups/Intergroups/areas.

This will be a policy and added to the Policy Manual and Ruth as Vice-Chair will make sure this is done.

ii. A motion was presented that “Any changes in wording of Conference-approved literature must be approved by WSO Board or WSBC.” After discussion the motion passed. The minority opinion was heard, votes were changed, and the motion failed. **A new motion was presented that “When publishing literature, any changes of content in Conference-approved literature must be approved by the WSBC. Grammatical editing changed need be approved only by the World Service Board.”** The motion passed unanimously. **Ruth as Vice-Chair will make sure this is placed in the Policy Manual.**

F. CEA-HOW Logo Issues

There are logo issues which are both legal and artistic. **The Executive Committee will hammer out a policy on this and bring it back to the next meeting of the full Board.**

G. Verification of Non-Profit Status of Groups

After discussion it was decided to get input and a recommendation from an attorney on this matter for consideration and decision by the Executive Committee on this.

H. Request of IG for Documentation from WSO to open a P.O. Box

Woody will check with this Intergroup to see why the Post Office is requiring WSO documentation.

WSBC 2007

A. Further discussion on Convention

i. Sound equipment

Lois will check with Jack for suggestions on a possible donation or most economical vendor to use and have him call Ann S.

ii. Bilingual headsets.

SCI has bilingual headsets which they paid \$2,500.00 for. There was discussion on paying a \$200 rental fee to use these, with Conference paying half and Convention paying half. This was tabled to a future agenda.

iii. Registration issues.

Pamela will go over this with Ann S. She asked for people to help with registration on Thursday and Friday.

iv. Division of expenses between WSBC and Convention

This is the first year the Conference and Convention have been separate events and the division of expenses is evolving. Based on this year's experience, a proposed budget plan will be developed for future years.

B. Board expenses

Hotel reservations: The President makes reservations for all Board members. **There is a deadline of May 15 to let Woody know about roommates, what type of room, beds, etcetera, is being requested.** Any non-Board roommate must pay for their share of the room and this must be paid to Rureth by the last day of the Convention. The Board members do not pay registration for Conference. There was discussion on the reimbursement policy. **A motion was made that the Board members' Convention expenses consisting of Convention registration fee, meal package, and hotel room for Friday and Saturday nights be covered by World Service. The motion passed unanimously.**

C. Parliamentarian

This year we have a registered parliamentarian, Wally Rothbart. He fee is \$500 and he has background in another 12-Step Fellowship. He will do a workshop on parliamentary procedure Thursday morning as an educational process for the delegates. **Ruth will check with him on the time of his payment and will get some form of written contract or memo of understanding from him. This can be done by email.**

D. Waivers

Waivers of the qualifications of delegates were discussed. **There was a motion that "Pursuant to the Bylaws the Board considers waivers of qualification for delegates to the 2007 World Service Conference in all categories except the abstinence requirement." Motion failed with a vote of 2 yes, 5 no, 2 abstentions.**

There was a new motion: **"Pursuant to the Bylaws the Board will consider waivers of qualification for delegates to the 2007 World Service Conference in all categories except the abstinence requirement. Any waiver must be submitted in writing to the Board for consideration at least 15 days prior to Conference. Motion passed.**

E. Agenda

i. Thursday morning workshop

In addition to the parliamentary procedure workshop, there was discussion on a topic for the delegate workshop. One suggestion was for a workshop on the responsibility of the delegates to carry the results and decisions of Conference back to their Areas, Intergroups, and meetings. Board members were asked to think about methods to do this, and to come up with any other relevant topics for the workshop.

ii. Placement of elections

Elections have traditionally been placed on Friday afternoon but moving these to an earlier time would allow committees to meet during the Conference. **How these can be more effectively put into place will be discussed at a future meeting.**

As various Board members had to leave the meeting, the meeting was adjourned after the Serenity Prayer at 2:00 p.m. PST. The Board will meeting again on May 19, 2007, at 7:00 a.m. PST to complete the Agenda and present follow-up.

Minutes submitted,

Irish Crawford