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Compulsive Eaters Anonymous-HOW

Board of Directors Quarterly Meeting April 25, 2015, 7:00 AM Pacific Daylight Time

1. **CALL TO ORDER:** Meeting was called to order at 7:02 PDT
2. **SERENITY PRAYER; READINGS: TRADITION 2; ABSI READING**
3. **ROLL CALL: Board Members Present:** David M., Lorraine S., Jim E., Carolyn P., Coco C., Cheryl F., Liane S., and Robert B-M.
Corporate Officers Present: Pamela K., Woody N., Jim C. and Irish C.
Excused: Rachel Z., Jim W.
4. **Approval of Minutes:** The minutes of January 24, 2015 were reviewed. **A motion was made and seconded to approve the minutes. Motion passed.**
5. **Approval of Agenda—**Under Committee/Liaison Reports the Global Convention was listed twice and will be discussed under committee/liason reports and the agenda items will be renumbered to reflect that. **A motion was made and seconded to accept the amended agenda. Motion passed.**
6. **Officer Reports**
 - a. Chair—David—Last year's parliamentarian, Marcus Filipovich, has been invited to serve as parliamentarian at this year's WSBC and will let the Chair know by May 1st if he will be available. Our Corporate Secretary is rotating out of service following WSBC 2015; service is sought for a Corporate Secretary from among the fellowship and outside the fellowship.
 - b. President and Executive Committee—Pamela—limited growth and numerous meeting closures continue as a trend. The Finance Committee is reviewing the online (retail) shipping and handling fee schedule to bring it in line with the Board approved new shipping and handling schedule. New Public information has been added to the PI page on the website. This includes a previously Conference-approved PSA audio that was re-recorded with current information and two articles for use as examples of public information articles that can be submitted to local publications. Tapes and CDs are being reviewed from the early years of the program and checked for historical accuracy and CEA-HOW integrity. Meetings are contacting the office to obtain literature as some do not have active Intergroups. It was agreed to sell them literature while continuing to encourage intergroup participation. Administrative support for Conference and Convention is ongoing.
 - c. Treasurer and Finance Committee—A contribution representing the last two years was made by Area 1. With this contribution our current contributions were up and over budget compared to the prior year. Without counting the contribution from Area 1 contributions would be down. The committee has been reviewing the shipping fee schedule. In new business, a Bylaws/Procedure Manual Amendment is being reviewed and will be submitted at the next Executive Committee meeting.
7. **Committee/Liaison Reports**
 - a. Literature – Robert—The committee has been very active and has finished work on and has submitted WSBC motions on four items: *Getting Into the Steps*, a CEA-HOW Cookbook entitled *Recipes We Have*

CEA-HOW is A Way of life!

• *Everyone is welcome to attend Board meetings as observers. Please note that observers may not vote and may not speak unless the Board specifically invites comment. The Board may close meetings for reasons of confidentiality.*

Loved, *Questions on Daily Reflections*, and *Sponsor Guidelines* for approval at WSBC 2015. The process for literature submission and approval were reviewed.

- b. *Ad hoc* Teen – Cheryl—The Committee has the goal to be upgraded to a Standing Committee so that the planning for teen meetings can go forward. A motion was not submitted for this action by the deadline for this year's WSBC for review by the Agenda Committee. At this time the committee is slated to conclude in 2015. **ACTION ITEM: Cheryl has been asked to provide a history of the Ad hoc Teen committee activity. She will notify the committee that they will need to submit a recommendation in their conference report that they would like to be extended for another two years to carry on with their work and to include the history of the Committee in its report.** A Teen Food Plan is being looked at by the committee as well as research into how other fellowships, specifically OA, deal with the teen issue.
- c. Sponsorship – Liane & Coco—The committee submitted the *Sponsor Guideline* revisions. There was no additional report at this time.
- d. *Ad hoc* Special Needs – Lorraine—The committee has been active. The Steps 6 through 10 workbook and readings have been recorded. The Forever Abstinent Book and the *Sponsor Guidelines* Booklet are in braille and available. Any recent changes will be updated at the end of WSBC 2014. There is wheelchair signage available for meetings. Communication with the Spanish speaking members of the committee has not been available but is still being sought. A motion has been offered to the Conference to ask that the Special Needs Committee be a part of the Education Committee as a sub-committee. Discussion on the motion was held and it will be reviewed by the committee to recraft it to strengthen it. A suggestion was made to change the name of the Committee to Education and Special Needs. **ACTION ITEM: Lorraine will take information back to the committee to strengthen wording on the submitted motion.**
- e. Convention Committee -- Liane & Cheryl--A meeting was held on April 23. All but six chair positions have been filled. Registration flyers have been completed and an E-blast was sent out with a link to Eventbrite registration and to download registrations. Board members were asked to encourage members to register. We will now be getting a discount from Eventbrite as a nonprofit organization. People wanting to give service should contact ceahowconvention2015@gmail.com
- f. Education – Lorraine—The committee did not formally meet this past quarter.
- g. Public Information -- Jim E.—The committee members are not returning as delegates to WSBC and are directing their service efforts at the local IG level.
- h. Area 6/Hispanic -- Coco—The list of the groups has been updated. There are 37 active groups. **ACTION ITEM: Woody will set up a meeting with Coco, Lupita and Rureth concerning matters occurring with the Leon Intergroup and will present that information at the next Board meeting. Information received by WSO from other members in Leon will also be presented.** If needed, a special meeting could possibly be held on the Thursday before Convention.
- i. Website -- Jim E. and/or Pamela—Pamela reported that the Committee has been very active and several projects are underway. Key words have been inserted into our website page so that if any of them is entered into a search engine CEA-HOW could come up. Jim will continue looking into using Google Analytics to determine the use pattern of our website. The Committee is reviewing a major reorganization of the navigation panel on the website to make it more intuitive and user friendly.
- j. *Ad hoc* Unity – Woody—The committee is working on three projects. A Unity Retreat with a phone-in number is scheduled in May in New York. An internet survey is being developed to ask members of the Fellowship what they think are possible solutions to bridging the gap between face-to-face meetings and phone bridge modalities. The committee is also requesting 30 minutes of time at the WSBC forum to solicit suggestions and recommendations from the delegates regarding solutions to merging the modalities. A lengthy discussion took place regarding Phone Bridge and face-to-face meetings. It was agreed that it is an important topic. Woody will suggest that the committee wait to see what develops at WSBC before going on with the internet survey.

8. Old Business:

- a. Spanish DVD –The DVD was sent out for Board review on April 8. **ACTION ITEM: The Board needs to review and respond to the Area 6 DVD by June 1st**
- b. Area Assistance—A request has come in from Area 4 for assistance. They are requesting that registration fees be waived and that additional funds be sent. Discussion on finances followed. **Motion was made to waive the registration fees for up to three delegates and send \$500.00 as Area Assistance for Area 4. Motion passed. ACTION ITEM: Pamela will draft a response to Area 4 regarding their request for Area Assistance and the subsequent motion.**
- c. Proposal to allow production of Spanish language materials by Leon IG—Woody—Woody's suggestion is that Area 6 needs to build up their resources first and strengthen their Area. She recommends a delay in any action granting

permission for printing Spanish literature by the Leon IG at this time. **Motion made to sell our literature to the Leon IG at cost. The motion failed to advance for lack of a second.**

- d. Electronic literature – Jim C—Jim C. reported on how AA handles electronic literature and provided titles and prices. He also sent a copy of AA's Guidelines for Fair Use. Discussion regarding electronic literature and distribution followed. This item will now go to the Executive Committee for further development. Jim E. expressed an interest in working on this project.

9. New Business:

- a. Motions for WSBC 2015 received and recommended by Agenda Committee:
1. Literature Committee: **Policy Motion 1: That the CEA-HOW cookbook, *Recipes We Have Loved*, is approved for publication and distribution to the fellowship, subject to editing for spelling, grammar and typography.** There were no objections to this motion. **ACTION ITEM: Pamela will ensure that Area 2 will be removed from the cover of the cookbook, *Recipes We Have Loved*, and the Introduction will be anonymized to comply with our literature policy.**
 2. Literature Committee: **Policy Motion 2: That the Daily Reflections questions be approved for publication and distribution to the fellowship, subject to editing for spelling, grammar and typography.** There were no objections to this motion.
 3. Literature Committee: **Policy Motion 3: That the Step Guide for long-term abstainers entitled *Getting Into the Steps* be approved for publication and presentation to the Fellowship, subject to editing for spelling, grammar and typography.** There were no objections to this motion.
 4. Sponsorship Committee: **Policy Motion 4: The *Sponsor Guidelines* are revised as follows: Current Page 1, and the sections entitled Introduction, Sponsor's Guidelines, and Types of CEA-HOW Sponsors are replaced by the attached Page 1, and the attached sections entitled Introduction, Sponsor's Guidelines, and Types of CEA-HOW Sponsors.** There were no objections to this motion. **ACTION ITEM: Pamela will format the revised pages of the *Sponsor Guidelines* to have strikethroughs and underlining rather than color for use at WSBC. 2015.**
 5. Board of Directors: **Policy Motion 5: *Forever Abstinent* is revised to delete the Sections entitled "Finger Foods."** **ACTION ITEM: Pamela will send out an amendment regarding the wording of this motion. Any wording involving "finger foods" will be eliminated. Motion was made to accept this motion with the revisions. Motion passed.**
 6. Board of Directors: **Policy Motion 6: *Forever Abstinent* shall be revised no more frequently than at every third World Service Business Conference, beginning with WSBC 2016. Motion passed.**
 7. San Fernando Valley Intergroup: **Policy Motion 7: MOTION: It is proposed that CEA-HOW meetings may change their printed meeting readings taken from the first 164 pages of AA's Big Book to substitute the words "Food" for Alcohol and "Compulsive Eater" for "Alcoholic."**
 8. Special Needs *Ad Hoc Committee*: **Bylaws Motion 1: WSO Bylaws, Part C, Article 23, Section 12 is amended to add Subsection e): Special Needs Subcommittee. The Special Needs Subcommittee is charged with investigating adapting CEA-HOW literature in different formats for members' needs, compiling information regarding the accessibility of individual meetings, (using ADA guidelines), and posting it on the website, and maintaining the accuracy of such information. The Subcommittee shall consist of no fewer than three members. The Subcommittee shall research such other special needs of members as may come to its attention, and shall present such research to the World Service Business Conference for approval. This policy shall be in effect immediately upon approval by the World Service Business Conference, 2015.**

Discussion was held on a motion that was not approved by the Agenda Committee. Proper procedure for submitting motions and especially those involving Bylaw changes was discussed. **ACTION ITEM: David will send a response to the maker of the motion not approved by the Agenda Committee.**

- b. WSBC 2015 Forum topic—Fellowship Unity—David will moderate. All Board members are asked to give input.
- c. Request for Delegate waivers—Two waivers were presented. A reason was not given on one form and neither form was signed by the Area Chair. **ACTION ITEM: David will contact the Area Chair regarding the two Delegate waivers.**
- d. Hotel reservations for Board and Officers: **ACTION ITEM: Board members will contact the WSO office regarding their hotel reservations by May 15, 2015.**
- e. Better support for our groups – Woody—It was suggested that Board members and officers contact Intergroup Chairs and discuss with them the needs of their Intergroup and get input on how WSO can help. **ACTION ITEM:**

Pamela will send each member and officer specific contact numbers for all the Intergroups to follow up with by June 1, 2015.

10. Next Quarterly BOD Meeting July 17, 2015
11. **Adjournment—The meeting concluded with the Third Step Prayer and adjourned at 1:41 p.m. PDT.**