

COMPULSIVE EATERS ANONYMOUS-HOW
Board of Directors Quarterly Meeting
October 27, 2007, 7 a.m. PST
Via Teleconference

CALL TO ORDER

The Chair called the meeting to order at 7:11 a.m. PST

SERENITY PRAYER AND TRADITION 2

ROLL CALL

Present: Pamela K., Woody N., Tom P., Irish C., Coco M, Lois L., Marian H., Rae Z, Jason S.

Bill P. joined the meeting late.

Maria D. joined the meeting as an invited guest and member of the Area 6 Development Committee.

The Chair declared a quorum present and the meeting proceeded.

APPROVAL OF AGENDA

The agenda was approved with the addition of a closing reading to be done before the adjournment.

President's Comments:

The President's report was approved as sent in. The census figures for the Fellowship are still being gathered. The legal use of the CEAHOW logo continues to be researched. The current group count is 667 with 29 intergroups.

Chair Comments:

The Chair welcomed the new and returning Board members. The Chair asked that when emails are sent that the subject line be specific and pertaining to the content of the email. The time for quarterly Board meetings was discussed and will remain at 7:00 a.m. PST.

COMMITTEE REPORTS:

A. Convention Committee—The annual international convention is still in the transition stage of switching from a Board function to one of the Fellowship. Donna T. is the Chair. The Convention will be termed as International to help spark interest. Donna will join on later meetings, and sent a Master Itinerary. Donna will interact with Marian to present information to the Board. Completion of the compilation of Intergroup and Area contact email addresses will facilitate communication for opening the Convention to volunteer service from the Fellowship and for promoting the Convention. We do not currently have a list of the intergroup emails addresses and that is being compiled. Addresses can be sent to Area Chairs to be forwarded out.

B. Area Six—Coco M. and Maria D. reported on the development of Area Six. Members traveled to Mexicali and Ensenada after WSBC and in October a vote

was taken that there would be IGs added in Mexicali and in Ensenada. They are working on their bylaws and have been asked to contact the Leon IG and will link with them. They will need additional support. They are also working on cleaning up their meeting lists. **The Chairs of the new IGs need to write letters to WSO which will register them with a number and then the IGs will need to write Area 6 and let them know that they are now official Intergroups and part of Area 6.** About \$825 of the \$1000 budget for IG development has been spent. Coco M. will submit Budget information for the upcoming year to the Executive Committee. Tom P. asked about IG formation in the future. Marion and Woody are working on a Service Manual and IG information will be a part of that. The possibility of having information on the website in Spanish was brought up. There is a utility tool that the Webmaster can add to do that. The AA site has this capability. Other languages might be added as the Fellowship grows. **Jason S. will research language options and will correspond with the Webmaster on them.**

- C. Education Committee—Lois L. reported. There is still a need to educate people on 12-Step etiquette and keeping personal slants/outside issues out of pitches. There is ongoing work with the proposed meditation book. There are some legal/copyright issues going on with this. Sherry has asked questions of the legal committee concerning AA quotes and information is still being gathered. **There were questions concerning the Sponsorship workshop from Convention and the material that was developed for that. One of the presenters was Ellen and Rae Z. will obtain her contact information and give that to Marian H. As Chair of the Literature Committee, Marian H. will then contact Ellen to arrange for this WSO-sponsored project to be made available to the Fellowship.**
- D. Finance Committee—Rureth sent in the quarterly report. We have received 28% of our projected goal in terms of contributions. Percentages over 25% are positive. For total income we are now at 49% so the projections were on target. Because the Convention is now separate from Conference, the Board expenses were high because they are now attributed to CEA-HOW, Inc, and were not a convention expense. Bank service charges were high because of how the accounts were segregated due to the Convention and we had more deposits per month than that particular account allows so we had service fees. Marion will provide page 10 of the Quarterly Financial Statement to Donna T. for her use in planning Convention for this coming year.
- E. Literature—Marian H. reported. Ruth sent As Bill Sees It questions to Marian. Marian will be meeting with Ruth later in person. **Marian was asked to contact Ann S. about electronic copies of Living Sober questions and Woody asked Marian to contact her to get going on literature work.**
- F. Nominating Committee—There was no report at this time. **Jason S. will set up a meeting with Rae Z. in the next two weeks concerning this committee.**

OLD BUSINESS:

- A. **Executive Committee Report**---The CEA-HOW logo issues are ongoing. It was suggested that a graphic artist be asked to prepare an electronic copy of the logo so that it is ready to go when the legal issues are cleared. **Pamela and Lois will compile a list of names of members of the Fellowship who are graphic artists who may be asked to assist in this regard.**
- B. **Mentor program for new directors and leadership development proposal.** **New members of last year's Board spearheaded by Lois prepared a brief guide for new Board members and Pamela will have Rose send this to all Board members. It is suggested that new members Marian H., Jason S., and Tom P. contact a Board member to form a mentor relationship for their first year on the Board.** Woody N. proposed that we create a booklet about how being a Board member works and include guidelines for committee work. **Each Board officer and Committee Chair needs to send in a description of their duties and responsibilities to Tom P. There is a December 1st deadline for this.**

In keeping with the wishes of our co-founder, Fred S., that we operate under the "sunshine rule" and to help educate future Board members and interested members of the Fellowship about how the Board operates, members will be invited to attend the Board meetings. The website will be updated to state: "Quarterly Board meetings meet via teleconference on the fourth Saturday of October, January and April at 7 a.m. PST at 712-775-7100 with the access code of 217104#. Members are invited to attend. While all members are welcome, members may not speak or comment unless specifically invited to by the Board." **Lois L. will contact the Webmaster and give her this information to be posted on the website.**

C. Public information page on web regarding availability of public service announcements. This is ongoing. This needs to be edited to put on the webpage. **Marian and Woody will edit and work on this to present to Board at next meeting for approval.**

NEW BUSINESS:

A. Board Policy manual.—Tom P. updated the Policy manual and did a tremendous amount of work and was thanked. The Chair requested that all Board members familiarize themselves with the Board Policy Manual. Board members are requested to notify Tom if they note any policy that has been amended. One item included was about a quarterly newsletter. **It was suggested that highlights of a Board meeting would be put on the web. Irish C., Secretary will pull out highlights from the meetings and then send them to the Executive Committee for review before sending it to the Webmaster to put on the web.**

- B.** Use of “Just for Today” as a choice of readings at the end of a meeting was discussed. It is very possible that this is non-AA or CEA-HOW Conference approved literature and use of it would violate the motion passed by WSBC 2006 regarding only the use of AA or CEA-HOW Conference approved literature in meetings. The fact that it might be copyrighted may also be a concern. **Rae Z. will do research on this and have information for the next meeting. Pamela will write AA requesting permission to use quotes from The Twelve Steps and Twelve Traditions in the proposed meditation book.**
- C.** Policy on meeting content/format. Various meetings and their content were discussed. While the Board is specifically charged with safeguarding the Traditions, it is not up to the Board to police meetings. If information regarding questionable meeting practices is received by WSO the information can be sent to the appropriate Intergroup for follow through. It is up to the Intergroups as to what meetings they want to list as long as a meeting meets the guidelines established by our Bylaws, the CEA-HOW Concept, the Seven Tools, and WSBC approved motions. If a meeting is de-listed from an Intergroup, it is important for the Intergroup to let WSO know to take it off the web page meeting list.
- D.** Establish new Board Committee (Bylaws Committee) pursuant to Part A, Article 4, Section 11 of the Bylaws. This has been an ad hoc committee in the past. It is important to make sure the Bylaws are accurate. **Pamela K. recommended that a Board Bylaws Committee be established. Tom so moved. Marian seconded. Motion carried unanimously. Jason made a motion that Tom P. be the Chair of this committee. Motion carried unanimously.**
- E.** Recovery Talk Network information. A CEA-HOW member has a radio program, “Recovery Talk Network” and wants to promote CEAHOW on it. After discussion, **Pamela will respond to the member and provide him with our PSA and let him know that it is up to him about seeking speakers, and remind him about following our tradition on anonymity.** There was discussion about PI and PR committees. **Tom moved and Jason seconded that a Board Public Outreach Committee be established. Comprised of 3-5 members consisting of the Board Literature Chair, Board Education Chair, Chair of the Conference Public Information Committee and one open position. Motion passed. Members of the current Board Public Information Committee are Lois L, Education Chair, Marian H., Literature Chair, and Michelle T. and Cheryl A. as co-chairs of the ad hoc Conference Public Outreach Information Committee along with one open position. Motion passed. After discussion, Jason S. will be the fifth member of the committee and Pamela K, Chair appointed him as Chair of the new Board Public Outreach Information Committee.**
- F.** Frequently Asked Questions--Tom P. suggested an Agenda item be included for the next Board meeting to discuss the possibility of compiling a list of Frequently Asked Questions (FAQs) to be compiled from the monthly Director questions. This will facilitate answering questions and will provide consistency in answers.

The next meeting will be January 26, 2008 at 7 a.m. PST via teleconference.

Woody presented a closing reading from As Bill Sees It.

Meeting adjourned 10:17 a.m. PST with the Serenity Prayer.

Minutes submitted by Irish C., Secretary