

Compulsive Eaters Anonymous – HOW World Service Organization
Board of Directors Quarterly Meeting
April 26, 2003, 10:00 a.m.
WSO Office, 5500 E. Atherton St., Ste, 226-B, Long Beach, CA

Minutes

1. **Call to Order.** Linda K. called the meeting to order.
2. **Serenity Prayer and Tradition 2.** Linda K. led the reciting of the Serenity Prayer and read Tradition 2.
3. **Roll Call.**
 - Present: Linda K. Rae Z. Rosemary G.
Luretha B. Maria D. Kathy D.
Mary Pat O. (Via Telephone)
 - Absent Excused: Fred S. Jeanne W.
 - Staff: Pat A.
 - Guest: Dorothea P. Berne P.
 - Minutes Recorder: Maria D.
4. **Approval of Agenda.** The agenda was approved with two corrections: Add: 9.f., Conference Bylaw Amendment. 9.g., Area 1 Letter.
5. **Treasurer Report.** Rae Z. presented the Balance Sheet as of 3/31/03 and the Profit and Loss for January to March 2003.

MOTION CARRIED UNANIMOUSLY TO APPROVE THE FINANCIAL STATEMENTS AS PRESENTED

The Board reviewed the literature sales per intergroup.

6. **Approval of Minutes.** The minutes of February 1, 2003, were approved as corrected: 1) Fred S., present via telephone), 2) Change Pat A. present as Staff. 3) Change to “The Webmaster replacement position remains open. 4) Correct name of Sheila M. 5) Change to “Sheila will work a minimum of 10 hours a week not to overlap more than 5 days a week once trained.
7. **Committee Reports.**

- a. **Nominating.** Luretha B. read her report. Report accepted with revisions. Report filed.

MOTION CARRIED UNANIMOUSLY TO ELECT A NON-PARTICIPATING DIRECTOR

Bernie P. was nominated and elected as Non-Participating Director.

- b. **Finance Committee.** Mary Pat O. addressed the policy of Board travel expenses and the procedure to receive from the Finance Committee prior approval for reimbursement from the Treasurer.

MOTION CARRIED UNANIMOUSLY REGARDING TRAVEL EXPENSES

Move that no changes be made to the Travel Expense Policy and that Board of Directors fax the travel expense claim form to Mary Pat O., Finance Committee Chair, before it is submitted to Rae Z., Treasurer, for payment.

MOTION CARRIED UNANIMOUSLY REGARDING
CONFERENCE/CONVENTION EXPENSES

Move that for Year 2003, the reimbursed expenses for the Board to be registration fees for conference and convention and travel expenses as it stated in the Board Policy.

ACTION: Rae Z. and Berne P. will write an office procedure to implement these two motions.

- c. **Education.** Rosemary G. read her report. Report filed.

MOTION FAILED REGARDING THE WSO BOOK

That all stories sent from members for the WSO Book be retained in the WSO Office.
(F-1, O-5, A-1)

MOTION CARRIED UNANIMOUSLY REGARDING MEMBER STORIES

That all stories sent by members outside of the State of California, if they are forwarded to the Southern California Intergroup, that we get approval from the person sending his/her story.

MOTION CARRIED UNANIMOUSLY REGARDING WSO BOOK PROJECT

That since previously a WSO Board approved producing a WSO Book, that we take action and proceed to form a committee to produce the book.

ACTION. Linda K. will address the Book Project Committee to the new Board of 2003-04.

MOTION CARRIED UNANIMOUSLY REGARDING 2002 WSBC MOTION (page 4, 2nd Paragraph) AND RECOMMENDATION FROM THE EDUCATION COMMITTEE.

That the Young People Outreach Guidelines be returned to the WSBC Literature Committee for further review on how to implement the literature.

MOTION CARRIED UNANIMOUSLY REGARDING WSBC MOTION ON PANEL SPEAKERS

That the Education Committee reply to the amended motion on abstinence requirement for panel speakers of any event, any speaker to have one year of abstinence to speak at a convention or retreat.

ACTION. Rosemary G. will address the two motions Young People Outreach Guidelines and Panel Speakers at the WSBC.

The Board discussed the creation of guidelines and parameters to start new meetings by adding to the Sponsors Guidelines and New Meeting Kit the abstinence requirements to open new meetings.

MOTION CARRIED UNANIMOUSLY REGARDING GUIDELINES TO START NEW MEETINGS

That we have a requirement of 90 days of abstinence to start new meetings. ACTION. Rosemary G. will prepare a motion to present to the 2003 WSBC regarding new meetings.

- d. **Milestones III Workshop.** The Board reviewed the final details for the Milestones III Workshop scheduled the next day, April 27, 2003, at the Westside Pavilion in Santa Monica, California.
- e. **Conference/Convention.** Kathy D. read her report. Report filed. Luretha B. needs confirmation of names for convention speakers. The color and logo for the T-Shirts were selected. The palm tree pens (transparent green) were approved as give-a-ways instead of the citrus peeler. The lapel pins will be available for sale. Kathy D. strongly suggested that next year's conference and convention be in Westlake's Hyatt Hotel at the end of July 2004. Other options could be to seek a facility in Thousand Oaks or return to Palm Springs.

ACTION. Kathy D. will see if the dates of late July are available in Palm Springs for next year's conference/convention.

ACTION. Board members will provide to Linda K. the committee reports for the conference/convention within 30 days.

ACTION. Starting on May 31, each Board members will report on countdown activities, e.g., seeking a parliamentarian, etc.

- f. **Bylaw Amendment.** Maria D. presented, and the Board accepted, the bylaw amendment that integrates the groups from Mexico into Area 1 and deletes Area 6.

ACTION. Kathy D. will present the bylaw amendment to integrate Mexico into Area 1 for approval by the WSBC Conference.

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- g. **Letter from Area 1.** Anne S., Chair of Area 1, submitted a letter today that describes several issues addressed by the Area 1 Assembly. The letter lacked formal motions to include in the WSBC conference agenda.

ACTION. Linda K. will prepare a response to Area 1 asking that formal motions be submitted by Conference Chairs to include in the WSBC Conference agenda.

8. Old Business

- a. **Milestones III Workshop.** The handouts for the workshop were reviewed.
- b. **Group Ins. vs. WSO Ins. Coverage.** Discussion tabled.
- c. **Article 18, Section 3., Membership.** In response to a request from previous board members that we inquire on the legality in the State of California of this bylaw article whether it is in violation with 501.c.3 status. Berne P., did not feel it necessary to change the article. However, he will place one inquiry for a final decision. ACTION. Berne P. will verify Article 18, Section 3., Membership in compliance with 501.c.3. regulations and report his findings to the Finance Committee.

9. New Business

- a. **Correspondence From the Membership.** Linda K. read two letters from our members:

- i. Letter No. 1 speaks of some inconsistency of readings read at meetings.

ACTION. Maria D. and Rosemary G. will seek the guidelines and/or needed bylaw amendments to present at the WSBC Conference and how to refer to readings read at meetings.

- ii. Letter No. 1 inquires on the status of the publishing of the Maintenance Food Plan and the desire to have the correct reading of the Seven Tools included in the food plan. The Maintenance Food Plan will be presented for final approval by the WSBC Conference.

ACTION. Mary Pat O. and Maria D. will ensure that the correct reading of the Seven Tools be included in the food plan and forward the Maintenance Food plan to Linda K. by May 31.

- iii. Letter No. 2. points out that the Pioneer Questions should not have Fred S's release printed on a sticker and that no member should be releasing his or her copyright material to CEA-HOW. Lind K. stated that the supply on the Pioneer Questions is running low and there will be no further printing of these questions.

- iv. Letter No. 3 provides the members' views on how there is violation of the Twelve Traditions in various events in Los Angeles and San Fernando Areas

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relating to fundraising and sales at workshops and special events, and that member names should not be printed on workshop/event flyers that gives the impression of promoting a member or his/her profession.

ACTION. Linda K. will prepare, and review with the Board, a response to the letters from the membership.

- b. **New WSO Board Directory.** The directory was distributed. However, it needs to be revised to include Berne P.

ACTION. Linda K. will make the revisions to the WSO Board directory.

- c. **Motion on Maintenance Food Plan.** The food plan needs revision to include the correct reading of the Seven Tools.

ACTION. By May 31st, Maria D. and Mary Pat O. will correct the Maintenance Food Plan and submit to Linda K. to include in the delegates' packet.

- d. **Resolution from Literature Committee.** Maria D. presented for Holly S., Chair of Conference Literature Committee a resolution on the Food Plan to be included in the Bylaws. The Board made some minor corrections.

ACTION. Maria D. will ensure that a corrected Resolution on the Food Plan be submitted to Linda K. by May 31.

- e. **WSO Board Minutes.** The timelines to post the minutes on the website was discussed.

MOTION CARRIED UNANIMOUSLY REGARDING WSO BOARD MINUTES

That the minutes be submitted to the Chair by the end of the second week. By the end of the 3rd week, the Chair will send to the Board for review and/or changes. The following week, the minutes will be posted on the website in draft form.

ACTION. Maria D. and Board members to comply to timeliness of minutes review and to post in draft form on the website.

10. Action Items.

- a. Rae Z. and Berne P. will write an office procedure to implement these two motions. (See 7.b. above)
- b. Linda K. will address the Book Project Committee to the new Board of 2003-04. (See 7.c. above)
- c. Rosemary G. will address the two motions Young People Outreach Guidelines and Panel Speakers at the WSBC. (See 7.c. above)
- d. Rosemary G. will prepare a motion to present to the 2003 WSBC regarding new meetings. (See 7.c. above)

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- e. Kathy D. will see if the dates of late July are available in Palm Springs for next year's conference/convention. (See 7.e. above)
- f. Board members will provide to Linda K. the committee reports for the conference/convention within 30 days. (See 7.e. above)
- g. Starting on May 31, each Board members will report on countdown activities, e.g., seeking a parliamentarian, etc. (See 7.e. above)
- h. Kathy D. will present the bylaw amendment to integrate Mexico into Area 1 for approval by the WSBC Conference. (See 7.f. above)
- i. Linda K. will prepare a response to Area 1 asking that formal motions be submitted by Conference Chairs to include in the WSBC Conference agenda. (See 7.g. above)
- j. Berne P. will verify Article 18, Section 3., Membership in compliance with 501.c.3. regulations and report his findings to the Finance Committee. (See 8.c. above)
- k. Maria D. and Rosemary G. will seek the guidelines and/or needed bylaw amendments to present at the WSBC Conference and how to refer to readings read at meetings. (See 9.a. above)
- l. Mary Pat O. and Maria D. will ensure that the correct reading of the Seven Tools be included in the food plan and forward the Maintenance Food plan to Linda K. by May 31. (See 9.a. above)
- m. Linda K. will prepare, and review with the Board, a response to the letters from the membership. (See 9.a. above)
- n. Linda K. will make the revisions to the WSO Board directory. (See 9.b. above)
- o. By May 31st, Maria D. and Mary Pat O. will correct the Maintenance Food Plan and submit to Linda K. to include in the delegates' packet. (See 9.c. above)
- p. Maria D. will ensure that a corrected Resolution on the Food Plan be submitted to Linda K. by May 31. (See 9.d. above)
- q. Maria D. and Board members to comply to timeliness of minutes review and to post in draft form on the website. (See 9.e. above)

11. Announcements

- a. **Conference/Convention.** Scheduled on July 16-20, 2003.
- b. **New WSO Bod Meeting.** Scheduled on July 18, 2003, following Conference End.

12. **Adjournment.** The Board adjourned at 6:00 p.m.