

COMPULSIVE EATERS ANONYMOUS-HOW
Board of Directors Quarterly Meeting
January 26, 2008, 7 a.m. PST
Via Teleconference

CALL TO ORDER:

The Chair called the meeting to order at 7:05 a.m. PST

SERENITY PRAYER, Tradition 2, and ABSI reading(p. 332)

ROLL CALL:

Present: Pamela K., Woody N, Tom P., Irish C., Coco M., Lois L., Jason S.

Rae Z. and Bill P. joined late.

Jason S. and Tom P. left the meeting before the close.

APPROVAL OF AGENDA:

The agenda was approved.

APPROVAL OF MINUTES :

The minutes of October 27, 2007 were approved and **Irish will contact Nancy to post them on the website as approved.**

TREASURER'S REPORT (covered under Financial Committee report)

PRESIDENT'S COMMENTS:

The present group count is 670 and the intergroup count is 31. The census project is still ongoing. On the logo issue, Pamela talked with Dave B. two weeks ago and he was contacting someone who specializes in this area and will get back to Pamela with information.

CHAIR COMMENTS: Marian H. has stepped down from the Board for medical reasons.

COMMITTEE REPORTS:

A. Convention Committee: Donna sent in a multi-page report. She asked for feedback on the registration fee. After discussion, it was decided to have the registration fee be \$45 for early registration with a June 15th cutoff and \$60 after that date. Lois suggested that people start announcing now about the Convention to encourage people to start saving. People will be encouraged to buy the meal package. When those prices are set, they should include service charges, taxes, and any other hotel charges. The policy of requiring a meal ticket to hear the speakers will be continued. A \$10 charge to attend just the dance will be continued this year. Audio recorders will need full instructions. They

need to allow for full sharing and complete time for the speakers. An AV patch will be needed. Ideas for a package deal for sales items were discussed, to possibly include a tote bag, a t-shirt and another item. The possible small item discussed included mugs, measuring spoons, and pens. This will continue being looked at. Woody will give the webmaster permission to post things from Donna on the website. **A motion was made that only CEA-HOW Conference-approved and AA Conference-approved literature be sold at the Convention. Motion passed unanimously. Pamela will pass on the Board's appreciation to Donna for her work. Lois L. was suggested as the new Board liaison for the Convention to replace Marian H. and she agreed.**

B. Area 6: Coco gave a report aided by Maria D., who joined the meeting as an invited guest. Mexicali and Ensenada have formed intergroups and are working on their bylaws. They will be under the umbrella of Leon. Leon is recommending that they wait until established before working on their incorporation. It will probably take at least a year for incorporating under Mexican law due to expense. They need to incorporate as they are selling literature. They can be intergroups with WSO without being incorporated. Currently, the Ensenada Intergroup meets every other month and the Mexicali Intergroup meets every month. Jason S. spoke on the bilingual website. There was no report available at this time, but it is in process. He will report on this at the next Board meeting.

C. Education: Lois will talk with Ann S. and Pamela will send out a letter asking for information about the sponsorship workshop material.

D. Finance: Bill and Woody went over the financial report. There is usually a March letter that is sent out as a financial appeal and Pamela will check with the Financial Committee on this.

E. Literature Committee: Marian has sent a list to Pamela with an update as to the projects. The committee is working on As Bill Sees It Questions from 50-150. The question of if the ASBI questions 50-100 from the Phone Bridge Intergroup are also being reviewed was brought up. They were submitted in July of 2006. Connie will draft a letter to IGs to ask for submissions for the meditation book project but we still have to check on copyright issues regarding AA literature. The first 164 pages of the Big Book are not subject to copyright issues but the rest will need to be approved through AA. It was noted that the ad hoc committee on this should be functioning on this without the main literature committee and that Connie should not have to write a letter on this. Maria stated that this is being worked on and a Yahoo group will be set up for submissions. Other possible projects listed were questions of Living Sober, personal stories, and the Area 2 cookbook which was donated to WSO by Area 2. Irish has a CD of this and can give it to the committee if needed.

F. Nominating: There was no report at this time.

G. Convention in Leon in 2010: Rachel is in charge of getting information together on this. Area 1 has been looking at the feasibility of finances for a WSBC to be held in Leon. Attendees from outside Mexico will have to have passports and this, as well as travel costs, will be a delegate expense to be borne by the Areas. Because July is the rainy season in that part of Mexico and this could be a problem with flights, Maria stated that October or November would be a better time for this event. Coco will get more information on prices of hotels and travel and get this to Rachel and Rachel will then need to send out a full report to the Board. This topic will be brought up for discussion at the Area 1 Assembly on March 15, 2008. A preliminary report needs to be given by the end of March. Because having the WSBC in Leon may affect the Bylaws, information must be in by the April Board meeting to meet notification deadlines to the delegates.

OLD BUSINESS:

- A. **Executive Committee Report:** There was no report given as minutes of the Executive Committee have been posted.
- B. **Mentor program for new directors and leadership development proposal:**
 - a. **Dissemination of 2007 Mentoring Guidelines:** These need to be reviewed by all Board members
 - b. **Description of service position duties and responsibilities:** Each Board member needs to send in a description of their duties as a Board member to the WSO office by March 1, 2008. These will be included in the Mentor Guidelines.
- C. **Public information page**—The Public information page is in process. Jason needs to get the PI page to the Board and then to the Literature Committee.
- D. **Use of “Just for Today” in meetings.** This material has been found to be copyrighted Alanon literature and as such is an outside issue. Pamela will write a letter to the Intergroups suggesting that this reading be dropped from their meeting formats because the reading conflicts with the 2006 WSBC policy that states that only AA and CEA-HOW Conference-Approved literature be read at CEA-HOW meetings.
- E. **Compilation of FAQs from monthly Director questions:** Steve P. had prepared some FAQs and these will be sent out by Pamela to the Board for review and will be on the April agenda. Lois will also direct Rosie to check through questions formerly answered by Board members and compile a list of FAQs.

New Business:

- A. **Resignation of Director/Vacancy on Board/Literature Chair:** After discussion, six names were submitted to fill the vacancy left following the resignation of Marian H. for health issues. Pamela will contact each of them. There will be a special meeting on February 9, 2009 at 8 a.m. PST to fill the

vacancy. Pamela will also send out a formal thank you to Marian for her service. A written note was also suggested in addition to an email.

B. Relocation of WSO v. lease renewal: —Woody sent out a full report on this. After review and discussion, **Woody made the motion that the WSO office relocate to 10016 Pioneer Blvd., Suite 101, Santa Fe Springs, CA 90670. Rae seconded the motion and it passed unanimously.** The Executive Committee will work out details of the move.

B. Discount for literature used for public information work. After discussion, it was decided to turn this over to Jason to work out details to decide who would qualify for a discount on this.

D. Qualification for Speaker at meetings/workshops, etc.: Groups were questioning this, and after discussion the guidelines on page 5 of the Sponsorship guideline stand: “To be a leader or to read the “Tools” at meetings, you must have at least 30 days of current CEA-HOW abstinence and have gone through the Three Step Ceremony. To be a speaker at a meeting or at workshops, you must have at least six (6) months of current CEA-HOW abstinence and have completed all 12 steps of the CEA-HOW program. To be a speaker at CEA-HOW conventions and retreats you must have one (1) year of current CEA-HOW abstinence and have completed all 12 steps of the CEA-HOW program.” Groups need to follow what their formats say to determine who is a “leader” and who is a “speaker” and then follow the guidelines above.

E. Phone Bridge Meetings. Various aspects of the Phone Bridge meetings were discussed. **After discussion, the possibility of an education workshop or forum put on by members of the Phone Bridge IG for either WSBC or the Convention was brought up, and Pamela will inquire about this.**

F. Policy on Sponsoring/Participation in Events: This item came up due to an OA sponsored event with several 12-step groups participating that CEA-HOW was also invited to participate in. The Board will form a policy on this. There will be a round of email discussion on this. **Pamela will send out an email summarizing the points of the previous emails and then all Board members need to respond to this and use the “Reply All” key so that all will have thoughts on this.**

The next regular Board meeting will be April 26, 2008 at 7 a.m. PST

The meeting adjourned at 10:55 a.m. PST with the Serenity Prayer.

Minutes submitted by Irish C.