

*Compulsive Eaters Anonymous-HOW, Inc. World Service Office
Board of Directors Regular Quarterly Meeting
January 26, 2002
Red Lion Hanalei Hotel, San Diego, CA*

Minutes

1. Call to Order – Jean C. called the meeting to order at 10:05 a.m.
2. Serenity Prayer and Tradition 2 – The Serenity Prayer was recited. Luretha read Tradition 2.
3. Roll Call
 - Present Board Members:

Jean C.	Linda K.	Karen S.	Rosemary G.
Kathy D.	Rae Z.	Jean P.	Luretha B.
 - Absent Board Members: Fred S. (excused)
 - Secretary: Maria D.
 - Guests: Jan B. Pat A.
4. Approval of Agenda – The agenda was approved as amended.
5. Welcome Newcomers and Visitors – Jean C. welcomed the guests present.
6. Approval of Board Minutes of October 20, 2001 – The Board approved a motion to accept the minutes as modified: 1) Wording of motions to be presented differently. 2) Use name and initial for committee chair reports. 3) Change 9.e, last sentence to “...expects to recommend its adoption...” 4) Change 10.f to “Karen S. addressed a possible change to the Bylaws should a co-founder decide to step down. Motion tabled.”
7. Old Business
 - a. Convention 2001 – Karen S. reported that last year’s amount owed to the convention hotel was reduced by about \$700 allowing for one free room and the appropriateness of marketing for fellowship rates. Rae Z. has issued the check . The issue is resolved and Norma has been notified of the results.
 - b. SAFE and FAME Formats –Literature Committee Chair Karen S. noted that this literature had been approved by the 2000 WSB Conference pending review by the WSO Conference Literature Committee. There are no registered FAME meetings.. The SAFE pilot meetings contain guidelines that do not conform to CEA-HOW; therefore, the Fellowship cannot maintain connection with the meeting format. . . MOTION: Rescind permission to conduct pilot SAFE-format meetings as CEA-HOW meetings and request that all information gathered during the pilot program . be sent to WSO. Motion approved unanimously. MOTION: Inform the secretary of SAFE meeting in question, and all intergroups, of the board action in writing. Motion approved unanimously.
 - c. Board Members’ Responses to Email and Website Guest Book Questions – The Board wishes to involve all Board members in responding to Program questions from the Fellowship (received via phone, mail, or email) on a rotating basis. MOTION: Each board member take this role for a month.. Motion approved unanimously. The following schedule was adopted: Rosemary G. (Feb 02), Jean P.(Mar 02), Jean C.(Apr 02), Kathy D.(May 02), Karen S.(Jun 02), Luretha B.(Jul 02).
 - d. Board Policies – Deferred until April 27, 2002 meeting. Jean C. asked that copies of the proposed Board Policies provided with the October 2001 agenda packages be recopied for the April meeting agenda packages.
 - i. Duties of Board and Corporate Officers
 - ii. Executive Committee Membership
 - iii. Content of Annual Report
 - iv. Allocation of Complimentary Rooms at Conventions
8. Treasurer’s Report – Rae Z. addressed the financial statements for 2001. All accounts payable have been paid, including Pat A.’s account. Payroll taxes are due every quarter. Sales taxes are due annually. Rae proposed including itemized listings of literature sales and intergroup contributions in the treasurer’s report. MOTION. Refer this idea to the Education and Finance Committees with their recommendation brought to the next meeting. Motion approved unanimously. MOTION: All WSO correspondence will be translated to Spanish. Motion approved unanimously. MOTION. Include lunch

expenses today for the webmaster and office manager. Motion approved unanimously. The Board accepted the Treasurer's Report and extended its thanks to Rureth A. for the report's preparation.

9. Committee Reports

- a. Convention (Kathy D. Chair) – Kathy D. reported on plans for the 2002 WSO Convention and workshops. Luretha B. presented a list of prospective convention speakers. She will ensure that the speakers have registered and paid before they are confirmed. A list of literature to be sold and convention favors, aside from what the hotel may provide, will be determined by the Executive Committee. Karen S. is working on the food planning and food prices. Approximately 5,000 convention brochures are available for distribution. Linda K. is securing the visors and bags with convention logo. Karen S. created a separate WS Business Conference registration form to be mailed to each delegate. MOTION: Make a set of commemorative the measuring spoons giveaways in the Convention Registration packet. Motion approved unanimously. Linda will bring copies of the different color options for the Convention logo for visors to the April Board meeting for decision. . Kathy D. will be contacting areas for preferences on the location for the 2003 WSO Convention, e.g., Santa Barbara, San Francisco, Seattle, etc.
- b. Education (Rosemary G. Chair)– Rosemary G. presented the Education Committee Report. The committee needs more member participation. Rosemary G. will be drafting a resolution that explanation be provided to the fellowship on what meeting readings are considered to impact all meetings as a whole, e.g., the Seven Tools.
- c. Executive (Karen S. Chair) – Karen S. stated that the Executive Committee met after the last Board meeting to review price lists charged to intergroups and website issues. The total number of delegates approved for this year's convention is 55 (Area 1-31, Area 2-5, Area 3-3, Area 4-1, Area 5-4, Area 6-8, Area 7-2, and Area 8-1). The WSO Bylaws will need to be amended to include Vancouver meetings in Area 1, Alaska meetings to Area 2, and Montreal meetings in Area 4. During her report, it was also discussed that the WSO office's original software disks need to be located. In addition to this, it appears that delegates did not receive the information related to Chapter 5 Readings. MOTION: Establish Executive Committee review all correspondence addressed to the fellowship prior to distribution and approve with a majority vote, and each WSO Board Member to be included on the distribution of any letters to the fellowship Motion approved unanimously.
- d. Finance (Jean P. Chair)– Jean P. addressed the Finance Committee Report. A proposed budget for 2002-03 will be ready for July 1, 2002. The issue of the best way to maximize savings with postage will be reviewed. This Committee will also act as a Fundraiser Committee, and will look at items to be available for sale at WSO-sponsored workshops.
- e. Literature (Karen S. Chair)– Karen S. presented the Literature Committee Report. The issue of asking for permission to use the AA Grapevine's preamble for our groups will be explored. Karen is researching the copyright laws that may impact on our publishing.. The Board also addressed the need to have guidelines for individuals in recovery and how to preserve anonymity in newspapers, films, or television. MOTION: Publish the "Why An Intergroup" pamphlet, with the notation "Pending conference approval," and place it on the 2002 Conference Agenda. Motion passed unanimously. MOTION: Approve the Affirmation Card followed by its immediate publication. Motion passed unanimously. MOTION: Approve the "Por Siempre en Abstinencia," the Spanish translation of the "Forever Abstinent Food Plan." Motion approved unanimously. The "Hospitals and Institutions" pamphlet contains text for which CEA-HOW does not hold the copyright. This pamphlet will be sent back to Area 1 to rework and resubmit. A question arose regarding "The Pioneer Questions." Should CEA-HOW publish a set of questions based on a now out-of-print volume? A majority of the stories were removed from the 4th Edition of the Big Book. MOTION: Publish "The Pioneer Questions" as a limited edition. Motion adopted unanimously. A set of Big Book questions from the 4th edition may be presented in April. A maintenance food plan, "Abstinent Forever for Those Seeking To Maintain a Body Weight the CEA-HOW Way," will be reviewed and addressed at the next Board meeting on April 2002. The "Forever Abstinent Food Plan" will be reviewed again before it is reprinted. The "Achieving Balance" cookbook is about to go out of print. "Achieving Balance II" will be presented for approval at the April meeting. MOTION: Solicit recipes from the Fellowship; all recipes to be received by the WSO within six weeks of the close of the Board Meeting. Motion adopted

- unanimously. MOTION: Remove all recipes containing maintenance foods. Motion passed.
Favor-8, opposed-0
- f. Nominating (Luretha B. Chairman)– Luretha B. addressed the Nominating Committee efforts to fill vacancies. Nominations were open to fill the vacant Vice-Chair position. MOTION: Move to elect Jean P. by acclamation as Vice-Chair. Motion passed unanimously.
10. New Business
- a. Template for Intergroup Bylaws – Discussion deferred.
- b. Intergroup Newsletters – Jean C. – Discussion deferred.
- c. Concurrent Service in CEA-HOW and Other 12-Step Eating Disorder Recovery Fellowships – Jean C. addressed a concern voiced from a member via e-mail regarding Board members giving service at other 12-step eating disorder fellowships. MOTION: The Fellowship has existing guidelines (the 12 Steps, 12 Traditions, and 12 Concepts of Service) and no additional action is required. Motion passed unanimously. MOTION: Notify Fred S. that he was in violation of Tradition 12. Motion passed unanimously.
- d. Chapter 5 Readings – Karen S. clarified that the WSO is dealing with publications where we do not have the copyrights. Meeting formats are impacted. Until we hear otherwise from AA, we are choosing to follow the 1998 letter from AA verbatim. MOTION: WSO send out a second letter explaining what the options are per the AA request: to read verbatim Chapter 5 from the Big Book or not to read it, including the 3-Step summary after the Steps. Motion passed unanimously.
- e. Roles and Responsibility Follow-Through – Discussion deferred.
- f. WSO Workshop – Linda K. stated that the next WSO workshop is scheduled on Sunday, April 28, at the Encino Community Center on 4935 Balboa Blvd., Encino, California. Rent will cost \$50 with 5percent of the sales net profit made at the establishment.
- g. Board Net Meeting – Discussion Deferred
11. Adjournment – The meeting adjourned at 6:50 p.m. Respectfully submitted by Maria D.